

## Wild Recovery Format

Good morning and welcome to the \_\_\_\_\_ Wild Recovery meeting of Narcotics Anonymous. My name is \_\_\_\_\_, I am an addict and the current secretary of this meeting. For those who wish to join in we'd like to begin this spiritual event with a moment of silence followed by the Serenity Prayer.

“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

Wild Recover is a meeting of Narcotics Anonymous in which we hike to a meeting spot, have our meeting and then hike back. This is not a race, so please pace yourself. If you lose sight of the group, we will make arrows in the dirt or with sticks on the ground at any intersecting trails so you will know you are following the right trail. If you come to an intersection and do not see the hikers behind you please add an arrow at the intersection. I would like to ask those that arrive at the meeting site first to please be patient and allow time for all hikers to regroup at the meeting site before we begin the meeting.

There are several hazards to be aware of at Wild Recovery, namely Rattlesnakes, Mountain lions, bee stings and Poison Oak. If you don't know what Poison Oak looks like please ask a fellow hiker on the trail to point it out when they see it. Sunburn and dehydration are the most common injuries at Wild Recovery so please cover up, use sunscreen, and make sure to drink plenty of water. Remember our spiritual principal of unity and be mindful and compassionate towards your fellow hikers. Take only pictures, leave only footprints. Please do not pick wildflowers and pack out your trash.

The NCRSO insurance carrier requires all hikers joining a Wild Recovery hike to sign a waiver of liability. This waiver must be signed by all hikers before joining our hike. If you have not signed the waiver please see me before the hike begins .

This is a nonsmoking meeting so please refrain from smoking both during the hike and at the meeting site. If you have brought pets or young children please keep them with you at all times .

I would now like to introduce our hike host \_\_\_\_\_ who will give us some details and get us started on our hike.

### AT THE MEETING SITE

Welcome everyone to the \_\_\_\_\_ Wild Recovery meeting of Narcotics Anonymous. My name is \_\_\_\_\_ I am an addict and the current secretary of this meeting. For those who wish to join us we'd like to open this spiritual meeting with a moment of silence followed by the Serenity Prayer.

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Can I please have a volunteer to read  
Who is an Addict?  
What is the Narcotics Anonymous Program??  
Why are we Here?  
How it Works?

Do we have any newcomers in their first 30 days of recovery who would care to introduce themselves so the group can get to know you better?  
Are there any first timers to Wild Recovery or people from out of the area who would like to introduce themselves?

At Wild Recovery we celebrate milestones in recovery by giving away hugs and key tags. Today I've asked \_\_\_\_\_ to be our chipmunk.

Our 7<sup>th</sup> tradition states that we are fully self supporting, declining outside contributions. The money in the \_\_\_\_\_ pays for our flyers, deposits for retreats, and helps to support NA locally and worldwide.

While the \_\_\_\_ is going around, do we have a GSR report? Are there any NA related announcements from the group?

Wild Recovery is a one Hour, nonsmoking Speaker/Discussion meeting. The speaker will share for 10 –15 minutes, and then open the meeting up for sharing. It is our tradition at WR that after one hour we can continue for up to 15 minutes for any burning desires.

Now I will introduce our Chairperson, \_\_\_\_\_.

I'd like to thank our chairperson\_\_\_\_\_, and our hike host\_\_\_\_\_. Once again, please remember our spiritual principal of unity and be mindful and compassionate towards your fellow hikers. I would like to ask\_\_\_\_\_ to close the meeting with the 3<sup>rd</sup> step prayer.