

November 20, 2004

Mount Diablo State Park

680 north past Danville to Diablo Blvd. Right at the strip mall, stay on Diablo (right turn) when Green Valley branches off. Left on Mt. Diablo Scenic Blvd., right at Junction, park at the summit (lower lot). Meet atop the viewing platform. 1¼ hour drive, parking \$6. 6 miles, 1200 feet vertical, Level 4. Take Fire Interpretive Trail around summit to Devil's Pulpit and past, downhill to North Peak Trail. Vistas, foreshortened from the summit, unfold as you get up close. Host: Amber

December 4, 2004

Fremont Older Open Space Preserve, Cupertino

280 north, Lawrence Expressway south, right on Prospect to the park entrance. Free parking, get a trail map. Cora Older Trail, right on Seven Springs, right on Ranch to Hunter's Point. Nicely varied preserve, a short 25-minute drive in nearby Cupertino (not in Fremont). The site of our very first Wild Recovery meeting nearly 7 years ago. 5 miles, Level 2½, 600 vertical feet. Hosts: Todd P., Susan D.

December 18, 2004

Los Trancos Open Space Preserve

You can see from Mt. Tam to Loma Prieta, with the bay below. Trails cross the San Andreas Fault, drop into lush canyons, and climb back up rolling hills. 45 minutes' drive. 280 north, take scenic Page Mill Rd. 7 miles west to the parking lot, 1 mile before Skyline Blvd.; watch out for cyclists. Many faultline features; boulders at your feet were shaken there by earthquakes from Mt. Umunhum, visible 30 miles away. 5 miles, 600 vertical feet, no dogs. Level 2½. Host: David R.

Grateful to Be of Service

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Wild Recovery

June - December 2004

Saturdays, 10:00 AM

www.wildrecovery.org



June 26, 2004

Fall Creek Unit - Henry Cowell Redwoods State Park

A deep forest park with many beautiful creeks and streams, rock outcrops, and ferns growing out of the stones of the old limekiln. Hwy 17 south, exit Mt. Hermon Rd., right onto Graham Hill Rd. and jog right then left through the 4-way intersection in Felton, crossing over Hwy. 9 onto Felton-Empire. Go uphill ½ mile to Fall Creek entrance on right. Level 2½; 5 miles; 800 vertical feet Free parking, no dogs. Host: Keith R.

July 10, 2004

Long Ridge Open Space Preserve

Nice mix of woodland and streamside trails (with a moderate grade), breathtaking ridgetop views; a good place to take in the sunset. Hwy 9 from Saratoga to Hwy 35, turn right (north). In 3 miles look for a green Palo Alto City Limit sign on the right. Roadside parking on right, trailhead is across the street. Follow the trail downslope to the left turn onto Peters Creek Trail, then right onto Long Ridge Rd. Level 2, 4 miles, free parking and maps, no dogs or smoking. Host: Susan D.

July 24, 2004

Loch Lomond

A very pretty upland lake, nestled in the Santa Cruz Mountains. Hwy 17 south, exit Mt. Hermon Rd. to Felton, left on Graham Hill Rd. ½ mile, left at light on E. Zayante Rd. 2½ miles, left on Lompico Rd., left on residential West Dr. Go slow, there are rugrats playing. Right on Sequoia Dr. to the park entrance. Park at Glen Cory Group Picnic site, follow Loch Trail, then up Highland Service Rd. around the loop. After the hike, Hungry Hiker pot luck picnic back at Glen Cory. Level 3, 5½ miles, 900 vertical feet. Parking \$5, no poodles. Hosts: Jennifer N. & Janet S.

July 31, 2004, 7:00 PM
Henry W. Coe State Park, Main Entrance
Full Moon Hike - Manzanita Point

The Full Moon Hike and bonfire meeting in this giant wilderness park is the year's most popular trip. Sunset going, rising moon returning, warm, caressing summer airs, woods, fields, a sky full of stars, and a recovery message to remember. 7 miles, 900 vertical feet, Level 3½. Put your gear on the truck at 6:30 and camp overnight, if you want: a rare opportunity. 101 S to Morgan Hill, left on E. Dunne Ave., follow the signs. Drive time is 50 minutes. Parking is \$5, no dogs. Get a parking tag if you're staying over and pay Jennifer your \$5. Host: Victor B.

August 14, 2004
Half Moon Bay State Beach

A beach hike, out-and-back, simple and beautiful. Waves, water birds, big sky, marine animals, horseback riders, Naked Ladies taking the sun, and a little waterfall among the beach cliffs. Take 280 north to Hwy 92 west. Right on Hwy 1, left into Half Moon Bay State Beach. Meet on the beach below the lot, turn left and hike out 3 miles. 1 hour drive, \$6 parking. Level 2, 6 miles, dead flat, no dogs. Host: Victor B.

August 28, 2004
Soquel Demonstration Forest

Many worthwhile endeavors are not especially easy. This upland forest park rides the Rift Zone, just behind Mt. Loma Prieta. Rugged and challenging, considered worthwhile for its nearby location and its fabulous viewshed. Hwy 17 to Summit Rd, south 4 miles. Summit becomes Highland Way, continue straight on Highland. Turn right in 1 mile at Mount Bache and make a quick left at Spanish Ranch Rd. to remain on Highland. In 4.3 miles, park (free) on road near the entrance. Level 5, 9 miles, 1800 vertical feet, dogs ok on leash. Hosts: John R. & Diane T.

September 11, 2004
Lake Tahoe Retreat Weekend, D. L. Bliss State Park
Car camping at Lake Tahoe's Emerald Bay, spectacular Mt. Tallac hike. \$30, register early, space is limited. Details and the retreat schedule are on the wildrecovery.org website. A hike and meeting every day, potluck dinner. Bring camping gear, hiking boots. Ride together to ease limited campground parking. Level 5. Host: Tom D.

September 25, 2004
Wilder Ranch State Park

The trail surmounts the chalk and sandstone cliffs, until we descend to a hidden beach. Charming, easy, the best weather of the year, always a favorite outing. Hwy 17 south, north on Hwy 1, look for the brown Wilder Ranch sign on the left about four miles north of Santa Cruz. Level 1½, 4 miles, 50 vertical feet, parking \$6. Hosts: TJ & Nicole K.

October 9, 2004
Fort Funston, San Francisco

Hike north on the middle trail atop the cliffs upthrust by the brooding San Andreas fault just offshore, through the WWII fort and bunkers, returning on the beach. 280 N to John Daly Blvd. West, in Daly City. Right on Skyline. At John Muir Dr., make a U-turn, come back up Skyline, turning right into the entrance. Meet at the hang glider port. 1 hour drive, Level 1½, 5 miles, 125 vertical feet, free parking. Host: Victor B.

October 23, 2004, 10:10 AM
Angel Island State Park

Take 280 N, exit at 3rd Street in San Francisco and go straight, around The Embarcadero past touristy Pier 39, to Pier 41. Find a parking garage, and buy your Angel Island ferry ticket (\$14) in plenty of time for the 10:10 AM departure. 70 minutes drive. Level 3, 7 miles, 800 vertical feet, bring lunch. A very scenic and historic spot, with something of an adventure to get there. Backpack campsites are available for reservation, otherwise the last ferry returns 4:40 PM. Hosts: Susan D., Anna J.

November 6, 2004
Point Lobos Marine Reserve Day Trip

Secluded pocket beaches, rocky points piercing the surf, islands loaded with seabirds and marine mammals just offshore. Take Hwy 1 a few miles south of Carmel, and make the right turn into Pt. Lobos. 2 hours' drive, limited parking is \$8; carpool. Level 2½, 5 miles, 300 vertical feet. Begin hike at China Cove, we'll hike the Point clockwise, meeting in relative privacy atop the hill at Whaler's Knoll. Host: Janet S

www.wildrecovery.org has pictures, maps, more information, updates and corrections to this schedule. Check it before you head out.