

**April 9, 2005**

**Fremont Peak State Park**

This spot offers a great mountain hike complete with astronomical vistas and expansive views of Monterey Bay. Fremont Peak S. P. is just south of the village of San Juan Bautista. From Hwy 101, about 11 miles south of Gilroy, take the eastbound Hwy 156 exit. Go 3 miles to the traffic light and turn right onto county Hwy G-1 (San Juan Canyon Road). Drive 200 yards to a fork in the road and take a left. Take an immediate right at the next fork. See a small brown sign (Fremont Peak State Park 11 miles). The road follows up the canyon and winds up a ridge into the park. Parking fee is \$4.00. We will meet in the upper parking lot. Those interested in camping overnight, contact Richard C or Anna J. Drive time is about 1 hour. Hike: 4 miles, Level 3, 400 vertical feet. Host: Richard C.

**April 23, 2005**

**Sunset Beach State Park Full Moon Hike**

This year our moonlight hike will feature a sunset dipping into the Pacific Ocean, a barbecue on the beach and the magic of an NA meeting around a warm beach bonfire. We have reserved 6 campsites for those who wish to stay and view the celestial meteor shower displays. From San Jose: Take Hwy 17 south toward Santa Cruz onto Hwy 1 south toward Monterey. Follow Hwy 1 to the Larkin Valley Rd. exit and take a right onto San Andreas Rd. Follow San Andreas Rd. for about 5.5 miles to Sunset Beach Rd, go right and follow signs to the beach. Bring food and firewood. Drive time is at least one hour. Hike: Level 1, Parking: \$6.00. Camping fee: \$15 / person / 2 nites. Meeting at 6:30PM. Host: Tom D

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**Grateful to Be of Service**

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**Levels:** 1 = easy, 2 = moderate, 3 = challenging, 4 = harder, 5 = very difficult

# Wild Recovery

**January - April 2005**

**Saturdays, 10:00 AM**

**www.wildrecovery.org**



**January 1, 2005**

**Mission Peak - New Year's Day**

Rising steeply to the east behind the City of Fremont, Monument and Mission peaks form a dramatic backdrop to the South Bay. Mission Peak has often been described as one of the Bay Area's most underrated summits. The hike to the peak is somewhat steep, but there is a spectacular panoramic view from the top that is well worth the effort. From San Jose: Take Hwy 101 or 280 to 680 north. Take the Mission Blvd Exit, go east. Turn right when you get to Stanford Ave. There will be a brown Mission Peak sign before the turn. From Santa Cruz: Take Hwy 17 to San Jose and follow the directions above. Drive time from San Jose is about 30 minutes. Parking is free. We will meet in the parking lot. Dogs are allowed on-leash. Hike: 7 miles, 2100 vertical feet, Level 4. Host: Susan D.

**January 15, 2005**

**Monterey Hike**

This location was chosen specifically to accommodate members participating in the Monterey Bay Convention, "Freedom to Change". Our host has mapped out a fairly easy winter hike along this magnificent coastline. From San Jose & San Francisco: Take Hwy 101 south, pick up Hwy 156 west (see sign for Monterey Peninsula). Take Hwy 1 south. From Los Gatos or Santa Cruz: Take Hwy 17 to Hwy 1 south and follow signs to Monterey. We will meet at Fisherman's Wharf by the boat named *Francesca* found at the intersection of Del Monte and Washington Ave. There is plenty of parking at the wharf, but somewhat pricey. Less expensive parking is available at the intersection of Washington and Franklin streets. Travel time: 90 minutes, Level 1.5, 8 miles, Dogs allowed on-leash. Host: Joe K.

**January 29, 2005**

**Almaden-Quicksilver County Park  
Jacques Ridge via Woods Road**

Only 11 miles south of San Jose, this 3,500-acre park provides 30 miles of hiking trails and a variety of wildlife. The trail that follows Woods Road along the park's new Jacques Ridge acquisition was recently opened to the public. This moderate route offers dramatic views of Mt. Umunhum. From San Jose: Take Almaden Expressway to Coleman, and turn right. At the intersection of Camden, jog right for less than 100 feet and turn left onto Hicks Road. Follow Hicks for some time, pass Guadalupe Reservoir and continue up a very steep grade. At the crest, there is a four-way stop at Mt. Umunhum Road (which is unsigned). Turn left and park in the large County Parking lot. From Santa Cruz: Take Hwy 17 to Hwy 85 south. Take Almaden Expy Exit and go right onto Almaden. Follow directions from San Jose above. The meeting will take place on Church Hill above English Camp. Drive time from San Jose is 45 minutes. Maps are free. Dogs are allowed on-leash. Level 2½, Hike: 7 miles, 700 vertical feet. Host: Keith G.

**February 12, 2005**

**Whale Watching Boat Trip - Monterey**

Wild Recovery has chosen to experience the natural order of things from a different perspective; in the deep blue waters of Monterey Canyon. From a boat filled exclusively with recovering addicts and surrounded by whales and dolphins, we will conduct our meeting. These waters are extremely productive feeding grounds, which make Monterey Bay one of the best places in the world to view these magnificent creatures. From San Jose: Take Hwy 101 south, take Hwy 156 west (Sign: Monterey Peninsula), take Hwy 1 South exit sign: Pacific Grove. This veers right into Del Monte Ave. Fisherman's Wharf is 1.5 miles on the right. Convenient parking is right at the Wharf, but will cost \$12 to \$15. Try to get there early enough to find a more affordable parking spot or carpool with friends. At the wharf, continue toward the south end of Old Fisherman's Wharf. We will meet at the end of the Old Wharf in front of Sam's Fishing Fleet. Check-in time is promptly at 9:30AM. Travel time from San Jose is 90 minutes. 4-hour boat ride. 70 person limit *by reservation only*. Tickets are \$20 each available through our Treasurer or a Wild Recovery member.\*\*\* Host: Tom L.

**\*\*\* Please note: If cancelled due to rough weather, this trip will be rescheduled for February 19th. Check our website for updated information.**

**February 21, 2005**

**Pinnacles, High Peaks**

Pinnacles is geologically unique; a volcano that was ripped in half and dragged a hundred and ninety-five miles to the north by plate tectonics. Our half is on the Pacific Plate. Originally over a mile-and-a-half high, it has eroded over the last twenty-three million years to 3304 feet. It is very important to bring hiking boots, 2 liters of water and lunch on this hike. Drivetime is at least 2 hours. Take 101 South to Hwy 25 East through the town of Hollister. Continue on Hwy 25 to the Pinnacles turnoff. Park in Bear Gulch ranger station lot. Parking Fee: \$5.00. Be sure to purchase a trail map. Level 4, 6 miles, 1700 vertical feet. Host: Kaisha T.

**March 12, 2005**

**Mount Tamalpais State Park**

This 25,000-acre park is located just north of the Golden Gate Bridge. Comprised of oak woodlands and redwood groves, this location offers a variety of hikes with spectacular views. It is claimed that on a clear day one can see the Farallon Islands 25 miles out to sea and as far as 200 miles inland to the snow-capped mountains of the Sierras. Cross the Golden Gate Bridge, continue north on Hwy 101 to the Hwy 1 turnoff (look for the Mt. Tamalpais State Park signs). Turn right on Panoramic Hwy and continue along to the Mountain Home Inn. Park in the free lot across from the Inn. Parking is limited. Allow 2 hours drive time from San Jose. 7 miles, Level 3, No dogs allowed. No trail maps on-site. Host: David R.

**March 26, 2005**

**Russian Ridge Open Space**

These trails are well-maintained and thoughtfully laid out with a quality hiking experience in mind. Our host has mapped out an inviting hike for everyone. Take Hwy 17 south, exit at Hwy 9 and follow it when it makes a hard left in downtown Saratoga. Continue up the hill and take a right at Hwy 35 (Skyline Blvd) intersection. Continue on Skyline for about 5 miles and turn left onto Alpine Road and immediately turn right into the parking lot with the Russian Ridge sign. Plenty of free parking. Drive time from San Jose is about 45 minutes. 5 miles, Level 2, 250 vertical feet. Dogs allowed on-leash. Host: Jim P.

[www.wildrecovery.org](http://www.wildrecovery.org) has pictures, maps, more information, updates and corrections to this schedule. Check it before you head out.