

## WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Bring something to sit on during the meeting (i.e. tarp or bedsheet)
- Stay on the marked trails
- Pick up a trail map before heading out.
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.).
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Respect wildlife
- If you bring kids or pets, make sure to keep them supervised at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see [www.wildrecovery.org](http://www.wildrecovery.org)

### **UPCOMING EVENTS:**

**April 21<sup>st</sup>-23<sup>rd</sup>, 2012:** Spring Retreat at Pinnacles National Monument

### **GRATEFUL TO BE OF SERVICE**

- Secretary: Troy – (925) 785-2238
- Treasurer: John – (831) 462-0262
- Asst. Treasurer: Mary – (831) 431-3491
- GSR: Dale – (408) 460-2145
- Assistant GSR: Open
- Business Chair: Anna – (408) 806-7675
- Business Recording Secretary: Kent – (925) 212-4972
- Website: Philip – (650) 430-6353
- Website Assistant: - Open
- Flyer: Jeannie – (408) 466-9051
- Correspondence Coordinator: Gloria – (408) 242-9874

### **HIKING LEVELS**

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

- *Hike rating system is subject to the interpretation of the hike host. Please note miles & elevation when considering a hike ☺*

## *WILD RECOVERY*

*November 5, 2011– January 15, 2012*

*Every other Saturday at 10 AM*

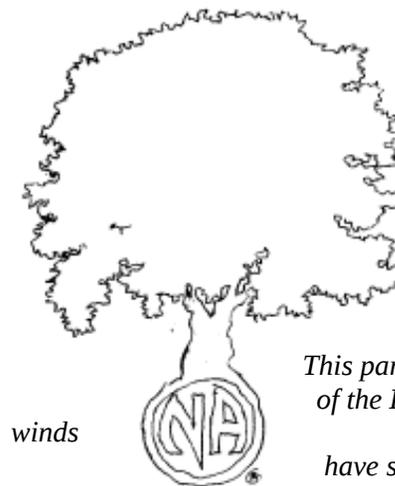
[www.wildrecovery.org](http://www.wildrecovery.org)

**November 5th, 2011**

**PACHECO STATE PARK**

**Level: 2.5 - Miles: 8.5 - Elevation: 1000'**

**Host: Anna J**



winds

*This park features panoramic views. It is located atop of the Diablo Mountain Range. Frequent strong*

*have sculpted the old oaks into striking windswept forms and will be a force to contend with along our hike. This park is in the east hills so we will be exposed to the elements. Be sure to bring a warm coat (or two), dress in layers; bring a hat, gloves, scarf, sunscreen, etc. and something water resistant to sit on. We will be traveling along Spikes Peak to Canyon Loop, have our meeting, and then back to the cars via Dinosaur Lake Trail.*

**Directions:** From San Jose: Take Hwy 101 South to Gilroy. Exit 152 East turn left. Head down a mile or two and turn right at the T and continue along CA 152/25 veer to the left (not toward Hollister) and pass Casa de Fruit. Exit Dinosaur Point Rd at the top of the incline on the right hand side. Follow into park.

**Drive Time: 1 Hour & 15 minutes - Parking: \$5 – No Dogs allowed**

**November 19, 2011**

**SANTA CRUZ COASTAL HIKE**

**Level: 1.5 – Miles: 6.6 - Elevation: 100'**

**Host: Cathy C**

*We will start out walking along the hard sand by the shore at New Brighton State Beach, previously known as China Beach as it was once a Chinese Fishing Village. We will pass through Seacliff State Beach. Here you will see the famous Cement Ship. The SS Palo Alto was built for WWI but never saw service as the war ended. It was bought by an amusement company, brought to Seacliff Beach and in the 1930s housed a restaurant and dance hall. After 2 seasons the company went bankrupt, and the ship “went to the birds.” We will continue on and have our meeting at Hidden Beach. We will return the same way we came, getting to enjoy the view from a new perspective.*

**DIRECTIONS:** From San Jose take 880 S, it turns into 17 N. Take Highway 1 S. The beach can be reached by taking the New Brighton/Park Avenue exit to the right, then a quick left as you follow the signs.

**Drive Time: 45 Min – Parking: \$8 – Dogs Allowed On Leash**

**December 3, 2011**  
**BRIONES REGIONAL PARK**  
**Level: 3 - Miles: 9.75 - Elevation: 1600'**  
**Host: Troy & Amy**

*With its rolling, grassy hills and secluded, shady canyons, Briones is a secret wilderness surrounded by the towns of central Contra Costa County. Although the park is close to populated areas, there are peaks within it from which you can see only park and watershed lands for miles in every direction. Briones' 6,117 acres are home to many animals and birds, which forage on the grasslands or find shelter among the oaks and bays.*

**Directions:** Take 680 North to Concord & take Hwy 4 West. Exit at Alhambra Ave. & turn left. Turn right on Alhambra Valley Road. At the stop sign turn right again to stay on Alhambra Valley Road. After just a few hundred feet turn left on Briones Road which is hard to see. Follow Briones Road all the way up to the end where we will meet.

**Drive Time: 1 Hour 15 Min – Parking: Free – Dogs Allowed**

ADDITIONAL INFORMATION: BUSINESS MEETING FOLLOWING  
HIKE.  
LOCATION TO BE ANNOUNCED.

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**December 17, 2011**  
**REDWOOD REGIONAL PARK**  
**Level: 2.5 – Miles: 7.5 – Elevation: 800'**  
**Host: Kent**

*Redwoods in Oakland ? Yes ! In the Oakland hills is an incredible display of some impressive groves of Redwoods. It is also the place where the first species of fish, later identified as Rainbow Trout was named.*

**Directions:** Out of San Jose take hwy 880 north and then take hwy 238 east to hwy 580 north then connect to hwy 13 towards Berkeley. Exit at Redwood Rd and turn right. Continue up the hill. Proceed pass Skyline blvd. Continue on Redwood Rd and enter at the Redwood gate. We will meet at the last parking lot.

**Drive Time: 1 hour – Parking: \$5.00 – Dogs Allowed On Leash**

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**December 31, 2011**  
**MISSION PEAK NEW YEAR'S EVE HIKE**  
**Level: 3.5 - Miles: 7.5- Elevation: 1700'**  
**Host: Mary S & Kent B**

**NOTE: SPECIAL START TIME OF 9:30PM**

*We will be taking the trail head from the street by the college. We will take the Bay Area Ridge Trail/Peak Trail, all the way to the top! We will have our*

*meeting at the peak, weather permitting. We anticipate summiting around midnight. We will come back the way we came, enjoying the city lights. Be sure to put fresh batteries in your head lamps and flashlights. Dress warmly for wind/wet. Bring something to sit on. After the meeting we will be going to Denny's on Mission in Warm Springs to fellowship in the New Year.*

**Directions:** Take either I-880 or I-680 North and exit Mission Blvd. From 880 go 3.9 miles, from 680 go 3.4 miles on Mission. Park on the street in front of the College, just past Anza-Pine Road.

**Drive Time: 20 minutes – Parking: Free – Dogs Allowed On Leash**

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**January 12-15, 2012**  
**AGUA CALIENTE – ANZA-BORREGO DESERT – SAN DIEGO**  
**Hikes: Moonlight Canyon, Rock House Ruins Loop,**  
**Whale Peak & Mud Caves**  
**Host: Anna J**

*Agua Caliente Park is a regional camping park located in the Anza Borrego Desert and is best known for its geothermal heated springs. Three naturally fed pools provide different ways of enjoying the park's mineral water: there are two pools outdoors and an indoor therapeutic spa is heated to 102 degrees and outfitted with Jacuzzi jets. Our hikes include one that starts from our campground and others nearby, such as one of the Sierra Club's 100 notable desert peaks.*

**General Directions:** From San Jose: Take Hwy 101 South to Gilroy approx. 30 miles. Exit #356/10<sup>th</sup> St/152 East turn left. Take all the way to I-5 (approx. 40 miles). Take I-5 to exit #161A/Pasadena onto I-210 E (243 miles). Stay on I-210 for 63 miles (be careful not to go into Pasadena) to I-15S. Take I-15S for 57 miles to exit #58/Temecula Pkwy. Bear left onto CA 79. Take CA 79 for 41 miles to San Felipe Rd(CR-S2). Take S2 for 17 miles before a brief turn on CA 78 (right then quick left) back onto S-2. Go another 26 miles to Agua Caliente Park Entrance. We will be at the Caravan Group Site. Communal fire pit , running water, flush toilets, showers and 6 individual barbeques. Nearby store sells water, propane, firewood, charcoal, batteries, etc.

**Camping \$10 per person – 50 people maximum - Drive Time: 8 hours - 10 vehicles allowed in Caravan site at no extra cost – Pet fee \$1/day (not allowed on trails) – Caravan/Carpool planning on leaving Thursday morning from Camden Rd Park N Ride, exit off Hwy 85 at 4am**

**SPECIAL NOTE: RETREAT IS THURSDAY THROUGH SUNDAY!!**