

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of WATER
- Bring along sunscreen or a hat for the hotter, less shaded trails
- Bring something to sit on during the meeting (i.e. tarp or bedsheet)
- Stay on the marked trails
- Pick up a trail map before heading out
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.)
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Please respect wildlife
- If you bring kids or pets, make sure to supervise them at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see www.wildrecovery.org

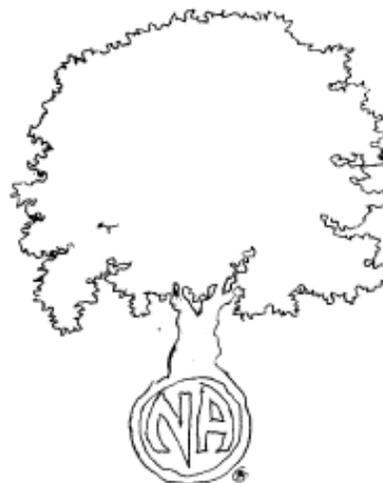
PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

- Secretary: Lynn – lynnlnawr@gmail.com
- Treasurer: Mary – (831) 431-3491
- Asst. Treasurer: Kent – (925) 212-4972
- GSR: Anna – (408) 806-7675
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- Business Chair: Martin – (408) 230-1321
- Business Recording Secretary: Troy - (925) 785-2238
- Website: John – (831) 462-0262
- Website Assistant: Brent (916) 233-9355
- Flyer: Diane – (831) 462-0262
- Communication Coordinator: Al (408) 647-4781

HIKING LEVELS

- 1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult
- *Hike rating system is subject to the interpretation of the hike host. Please note miles & elevation when considering a hike ☺*



WILD RECOVERY
July - October 2012
Every other Saturday at 10 AM
www.wildrecovery.org

July 28, 2012
BEAR CREEK REDWOODS
OPEN SPACE PRESERVE
Level: 2 – Miles: 5 – Elevation:
500'
NOTE: 9:30 SHARP am START TIME

Bear Creek Redwoods is in Santa Clara County. There is a locked gate at the entrance, so we will shuttle there as a group. We will hike about 5 miles on what were ranch roads. This is a beautiful preserve with much history. As permits are required, we will be shuttling to the staging area starting at 9am, so plan extra time into your drive. We will meet at the free parking lot on Santa Cruz Avenue across from the Toll House Restaurant.

Directions: Take Hwy17 S toward Santa Cruz. Take Exit 20B towards Los Gatos/Saratoga, turn left onto University Avenue, turn right onto W. Main Street and take the 2nd left onto S. Santa Cruz Ave. The parking lot is on your left just before the freeway.

Host: Mary G - No Dogs Allowed - No Restrooms at the preserve

August 11, 2012

FALL CREEK

Level: 3.5 – Miles: 7 - Elevation: 1200'

Host: Jeff

Fall Creek is in the Northern area of Henry Cowell Redwoods State Park. It consists of 2,390 acres, with 20 miles of hiking trails and a redwood forest in recovery. This property was clear cut 150 years ago, to stoke the lime kilns that operated on the property for more than 80 years. Fall Creek is an amazing redwood forest environment, especially when you realize there wasn't a stick standing just 80 years ago. If the forest can recover, so can we.

Directions: Take Hwy 17 South to Mt. Hermon Rd in Scotts Valley. Take Mt. Hermon Rd to Graham Hill Rd. Make a right onto Graham Hill Rd. At the Hwy 9 junction, go straight through the intersection onto Felton Empire Rd. The parking lot is a ½ mile up Felton Empire Rd on the right.

Drive Time: 40 minutes - Dogs Not allowed on trails

August 25, 2012

REDWOOD REGIONAL PARK

Level: 2.5 – Miles: 7.5 – Elevation: 800'

Host: Kent B

Redwoods in Oakland? Yes! In the Oakland hills is an incredible display of impressive groves of Redwood trees. Redwood Regional Park is also the place where the first species of fish, later identified as Rainbow Trout, was named. Our hike will take place surrounded by beauty and some history.

Directions: Out of San Jose, take Hwy 880 north and then take Hwy 238 east to Hwy 580 north. Then connect to Hwy 13 towards Berkeley. Exit at Redwood Rd and turn semi right. Continue up the hill on Redwood Rd and proceed past Skyline blvd. Continue on Redwood Rd and enter at the Redwood gate. We will meet in the last parking lot.

Drive Time: 1 hour – Parking: \$5 - Dogs allowed on leash

September 8, 2012

LAS TRAMPAS REGIONAL WILDERNESS

Level: 3.75 – Miles: 7.5 – Elevation 1830'

Host: Andrea W

Las Trampas Regional Wilderness offers 5,342 acres of wilderness and an expanded trail system that allows hikers to enjoy its remote and rugged areas. The dominant woodland vegetation on the western and southern exposures of Las Trampas and Rocky Ridges is black sage, chamise and buck brush. These are interspersed with toyon, hybrid manzanitas, elderberry, gooseberry, chaparral currant, sticky monkeyflower, coffeeberry, coyote bush, poison oak, hollyleaf red berry, deer weed and dozens of other species. There are some creek dogwood along Bollinger Creek. We will start on Elderberry Trail, take it to Cuesta Trail, and come back down Rocky Ridge View. We will then go up Bollinger Creek, to Las Trampas Ridge, and then back down on the Chamise Trail.

Directions: Take 680 to exit 36 for Crow Canyon Rd, and turn left onto Crow Canyon Rd. Turn right onto Bollinger Canyon Rd and follow it all the way to the main park entrance. We will meet in the main parking lot with the bathrooms.

Drive Time: 1 hour – Parking FREE – Dogs Allowed on Leash

September 22, 2012

ANDREW MOLERA STATE PARK

Level: 3 - Miles 8.4 - Elevation 1050'

Host: Nancy S

Andrew Molera State Park is a state park of California, USA, preserving relatively undeveloped land on the Big Sur coast. Situated at the mouth of the Big Sur River, the property was part of the Rancho El Sur land grant, and later owned by the Cooper-Molera ranching family. The park is named in commemoration of Andrew Molera, who popularized the artichoke in California in 1922. We will be crossing the Big Sur river. The bridge may be removed so be prepared to get a little bit wet! Beautiful panoramic views, red sand beach and a variety of wild life.

Directions: U.S. 101 South. Take Monterey/ Peninsula merge onto 156W. Continue onto CA 1/ Cabrillo Hwy 1 to Andrew Molera State Park, 20 miles south of Carmel.

Drive Time: 1hr 49min - Parking \$10 - No Dogs Allowed

October 5-7, 2012 (Friday – Sunday)

SUNSET BEACH - Fall Camping Retreat

Level: 3.5 – Miles: 7.5 – Host: Cathy C

Sunset Beach, located just south of Santa Cruz, is a quiet sleepy beach known for its sand dunes. We will be camping in the group site just off of Shell Road. There is parking for 10 cars ONLY with no overflow parking, so the first 10 people who sign-up will be assigned parking. Carpool, if you do not get an assigned parking space. Dogs are allowed in the camp area on leash, but not on the beach. Check-in is at noon on Friday. After setting up camp we will take a beach hike from Sunset to Manresa Beach, approximately 3 miles round trip. Our Saturday hike will be at Mt. Madonna County Park. Meet at Sprig Lake parking area located at the bottom of the park past the main entrance. After returning to Sunset Campground, we will have a pot luck dinner and then a bonfire meeting on the beach. Please bring wood. Sunday morning there will be a spiritual meeting before breaking camp.

Directions: From San Jose the drive to Sunset is approximately 40 minutes. Take Hwy 17 to Hwy 1 and drive South to San Andreas Rd., exit 432. Drive 5.4 miles and turn right on Sunset Beach Rd. Continue 1.3 miles to Shell Rd. The Saturday hike is at Mt. Madonna County Park located off of Hwy 152, Hecker Pass Hwy. From Sunset drive Sunset Beach Rd to San Andreas and turn left on W. Beach St. Drive 3.3 miles and turn left on Lincoln St. Drive 0.1 miles and turn right onto CA-152 E/E Lake Ave. Drive 8 miles to Mt. Madonna County Park.

Camping Fee: \$25 per person – Parking FREE – Dogs Allowed on Leash