

## WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of WATER
- Bring along sunscreen or a hat for the hotter, less shaded trails
- Bring something to sit on during the meeting (i.e. tarp or bed sheet)
- Stay on the marked trails
- Pick up a trail map before heading out
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.)
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Please respect wildlife
- If you bring kids or pets, make sure to supervise them at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see [www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

## GRATEFUL TO BE OF SERVICE

- Secretaries: Andrea (408) 449-7980 & Mary (831) 431-3491
- Treasurer: Kent (925) 212-4972
- Asst. Treasurer: Jeff (408) 314-6780
- GSR: Glen (408) 455-1664
- Alternate GSR: TBA
- Business Chair: John R (831) 462-0262
- Business Recording Secretary: Troy (925) 785-2238
- Website: John M (831) 713-9769
- Website Assistant: Justin (805) 338-1349
- Hike Flyer: Diane (831) 462-0262
- Communication Coordinator: Philip (650) 323-9775

## HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult  
*Hike rating system is subject to the interpretation of the hike host.*  
*Please note miles & elevation when considering a hike ☺*



## WILD RECOVERY

January - March 2013

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

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**January 12, 2013**

**SANTA TERESA COUNTY PARK / Host: Dale R.**

**Level 2.5 - Miles: 4.5 - Elevation 1,155'**

*This park offers over 18 miles of unpaved trails for equestrian, hiking and bicycle use. Some of the trails are steep, namely around Coyote Peak. This diverse 1,627 acre park, rich in history, offers spectacular views from its trails above the Almaden and Santa Clara Valleys. The secluded upland valleys of the park provide a quiet interlude for exploring the natural environment minutes away from the surrounding developed areas.*

**Directions:** Take US 101 or Highway 85 to the Bernal Road exit. Proceed west 1.3 miles on Bernal Road and cross Santa Teresa Boulevard toward the Santa Teresa Hills. Stop and park on Bernal Rd or on Heaton Moor Road.

**Drive time: 15-25 min. - Parking Free – Dogs Allowed**

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**January 24-27, 2013**

**DEATH VALLEY WINTER RETREAT**

**Host: Anna J.**

**Thursday Hike:** (Level: 1 – Miles: 2 - Elevation: 0') Salt flats of Badwater Basin, Natural Bridge, Artist Palette drive & Golden Canyon/Red Cathedral

**Friday Hike:** (Level: 4 – Miles: 8.4 – Elevation: 2200') Wildrose Peak

**Saturday Hike:** (Level: 5, - Miles: 14 – Elevation: 3,000') Telescope Peak

**Sunday (optional) Hike:** (Level: 1 – Miles: 3 – Elevation: 0') Darwin Falls

*Death Valley lies within the Mojave Desert and is the hottest, driest & lowest location in North America. Furnace Creek Campground is centrally located in Death Valley Natl. Park. We will be at Group Site H1. Furnace Creek is 196' below sea level with temperatures in January at highs of 70 and lows of 42.*

**Directions:** Take US-101 toward Los Angeles to exit #356/CA-152 E/10<sup>th</sup> St turn left. Continue on Pacheco Pass Hwy (CA-152) to I-5. Take I-5 south towards Los Angeles for 145.3 miles to exit #257/CA-58/Bakersfield. Turn left onto McKittrick Hwy. Rosedale Hwy (CA-58) for 8.4 miles. Turn right onto Endo Ln., Rosedale Hwy (CA-43, CA-58) for 1 mile and then turn left onto Rosedale Hwy (CA-58) for 12 miles. Continue on 24<sup>th</sup> St (CA-178 E) for 85.9

miles then turn left onto CA-14, CA-178 for 7.1 miles. Continue on Three Flags Hwy (US-395 N) for 41.6 miles & then turn right onto CA-190 for 14.6 miles. Turn right to stay on CA-190. Take CA-190 into the park all the way to the Furnace Creek campground – about 85 miles.

**Drive time: 8 hours (475 miles) - Park entrance fee: \$20 per vehicle**

**Camping \$10 per person - Dogs Allowed on Leash**

**Contact Anna to RSVP at (408) 806-7675 or annaj@wildrecovery.org**

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**February 9, 2013**

**MT TAMALPAIS STATE PARK**

**Level: 3 – Miles: 7.3 – Elevation: 1600'**

**Host: Justin**

*Mount Tamalpais State Park rises majestically from the heart of Marin County. It captures our attention with its sweeping hillsides, cloaked with chaparrel-covered ridges, grasslands and oak woodlands. Deep canyons filled with solemn redwood groves intersect these ridges. The Steep Ravine Trail has been described as "enchanting" with small waterfalls and beautiful redwoods along the way.*

**Directions:** Take 101-N towards San Francisco. Cross the Golden Gate Bridge. Take exit for CA-1 towards Mill Valley/Stinson Beach. Proceed approx. 6 miles before making a right on Belvedere Ave (just after a fire station). Park along the street before the road becomes “one-way only”. We will meet at the Matt Davis Trailhead off of Belvedere Ave.

**Drive Time: 1 hr, 45 min – Toll @ GG Bridge: \$6 – Dogs not allowed**

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**February 23, 2013**

**FREEMONT OLDER OPEN SPACE PRESERVE**

**Level: 2.5 – Miles: 5 – Elevation: 600-800'**

**Host: Jennifer**

*Located on the urban fringe and extending toward Mt. Eden Road to the south and Stevens Creek County Park. The 739 acre Preserve offers hikers sweeping views of the Santa Clara Valley, including the open hayfields, Seven Springs Canyon, and Hunters Point, a 900-foot hilltop.*

**Directions:** The Preserve entrance is on Prospect Road in Cupertino. Exit Highway 85 at DeAnza Boulevard, (from northbound 85 turn on DeAnza Boulevard and from southbound 85 turn right on DeAnza Boulevard.) Travel on DeAnza Boulevard toward mountains, about 0.5 miles. Turn right on Prospect Road. At the first stop sign, turn left and cross the railroad tracks to remain on Prospect Road. Follow Prospect road for 1.3 miles, turning left after the Saratoga Country Club, until Preserve parking lot is reached. There are 15

parking spaces for free with additional parking that may include a fee in Stevens Creek County Park adjacent to Stevens Creek road.

**Drive Time: 1 hour – Some Parking FREE – Dogs ok on leash**

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**March 9, 2013**

**BRUSHY PEAK REGIONAL PRESERVE**

**Level: 2.5 - Miles: 6 - Elevation: 1,010'**

**Hosts: Troy and Amy**

*Brushy Peak stands out among the surrounding bare hills near Livermore due to a grove of live oak trees on its 1702 foot summit. The peak and the adjacent Vasco Caves area have been recognized as sacred for generations of native Californians. During the Gold Rush period its sandstone rock outcrops served as hideouts for bandits such as the legendary Joaquin Murietta. Today the turbines of the Altamont wind farm tower along the eastern edge of the preserve. The most obvious wildlife species here is the ground squirrel, whose burrows are inhabited by amphibians, reptiles, badgers, burrowing owls, and the San Joaquin Kit Fox. The squirrels are prey for the many raptors that hunt in the open grasslands. We will hike counter clockwise from the staging area circling the entire, relatively small 2,000 acre preserve.*

**Directions:** Take I-680 North to I-580 East. In Livermore exit at Vasco Road north and immediately turn right on Northfront Road. In approx. one mile turn left on Laughlin Road and proceed to the staging area at the end the road.

**Drive time: 1 hour - Parking Free - Dogs ok on leash**

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**March 23, 2013**

**MONTARA MOUNTAIN TRAIL**

**Level: 3.25 - Miles: 7.5 - Elevation: 1482'**

**Hosts: Denise & Andrea**

*Montara Mountain features the only undisturbed Coastal Mountain Habitat found over 100 miles of coastline. Experience groves of Huckleberry, Honeysuckle, Lilac, Chinquapin and Manzanita, with beautiful views of the Pacific Coast as you climb.*

**Directions:** Drive on 280 toward San Francisco. Take exit 41 to merge onto Skyline Blvd. North. Turn left onto Sharp Rd., turn right onto Francisco Blvd. Take ramp onto CA-1 south, turn left onto Linda Mar Blvd., turn right onto Oddstad Blvd., turn left onto Trout Farm Rd (San Pedro Valley County Park).

**Drive Time: 1 hour – Parking \$6 – Dogs not allowed**