

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Bring something to sit on during the meeting (i.e. tarp or bed sheet).
- Stay on the marked trails.
- Pick up a trail map before heading out.
- Follow all park rules and regulations.
- What you bring in, bring out (this includes trash, food items, etc.).
- Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.
- Watch out for poison oak, snakes, bees and the like.
- Please respect wildlife.
- If you bring kids or pets, make sure to supervise them at all times.
- Cameras are encouraged, but please ask permission first if taking someone's picture.
- For lots more about Wild Recovery and up-to-date hike information see our website www.wildrecovery.org

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

- Secretaries: Diane (831) 462-0262 & John W. (916) 715-1358
- Treasurer: Jeff (408) 314-6780
- Asst. Treasurer: John R. (831) 462-0262
- GSR: Glen (408) 455-1664
- Alternate GSR: Jeri (408) 799-6390
- Business Chair: Mitch (510) 523-5166
- Business Recording Secretary: Mark K. (650) 533-4974
- Website: Justin (805) 338-1349
- Website Assistant: Anna (408) 806-7675
- Hike Flyer: Troy (925) 785-2238
- Communication Coordinator: Philip (650) 430-6353

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult
Hike rating system is subject to the interpretation of the hike host.
Please note miles & elevation when considering a hike ☺



WILD RECOVERY

September 2014 – November 2014
Every other Saturday at 10 AM

www.wildrecovery.org

September 6, 2014

RANCHO CANADA DEL ORO - HIDDEN LAKE

Level: 3 - Miles: 6 - Elevation: 700'

Host: Mark S.

Please join us for a very rare hike to Hidden Lake, a part of the open space preserve still closed to the public, but available to employees on special occasions and home to the mysterious and endangered western pond turtle. We will hike to the pond for some quiet time exploring the habitat of the turtles and enjoy the company of our group as we eat lunch. Then we will hike on up to a higher elevation for some amazing views. We will stay in the back country of Blair for an exploratory hike of the rolling hills covered in oak trees and golden grasses. If it gets really hot, we will switch routes and head into the trails of Rancho Canada del Oro where there will be more shade and amazing views as well. Meet in the parking lot of the Open Space Preserve. We will caravan over to the overflow lot where we will leave our cars and begin our hike.

Directions: Take Hwy 101 south to Bailey Road. Turn right and follow Bailey until it ends at McKean. Turn left on McKean and go about 3 miles to Casa Loma Road. Turn right and go all the way to the end of the road.

Drive time: 45 minutes - Parking: Free - Dogs Not Allowed

September 20, 2014

SAM MCDONALD COUNTY PARK

Level: 2.5 - Miles: 4.8 - Elevation: 700'

Host: Sonya M.

Sam McDonald park is a 850 acre San Mateo County park. This loop passes along some of the quietest trails in the Santa Cruz Mountains redwood belt. There are two distinct environments along the hike – the moister, shady redwood forest in the ravines and along the slopes and the drier open areas and grassy meadows of the ridge. There are some spectacular views from the ridge. Deer can be seen in the shady ravines. Note: Bring something to sit on and wear sunscreen and a hat.

Directions: From Interstate 280, exit Woodside Road/CA 84 (exit #25). Drive west on CA 84 about 6 miles, to the junction with CA 35 (Skyline Boulevard). Continue straight on La Honda Road/84, about 6.5 miles; turn left on Pescadero Road. Drive about 1 mile south on Pescadero Road, and bear right at the junction with Alpine Road. Continue about 0.5 mile on Pescadero Road, to the park entrance on the right (drive slowly, as the entrance is undersigned). Meet in the parking lot.

Drive Time: 45 minutes – Parking: \$6 - Dogs Not Allowed

October 4, 2014

BYRNE-MILLIRON FOREST

Level: 3.5 - Miles: 5.7 - Elevation: 2,000'

Host: Jeri M.

This is a do-over! Last time we were here most of the forest was closed for harvest, not this time! The Byrne-Milliron Forest Preserve comprises 402 acres and several miles of trails and unique sights. Several peaks provide panoramic views of Pajaro Valley and the Monterey Bay.

Directions: Take Hwy 17 to Hwy 1 south, Take the Freedom Blvd exit and head east (away from the ocean) on Freedom Blvd. After 5 miles, TURN LEFT at the stop sign onto Corralitos Road. After 1.7 miles the road will fork just before the Corralitos Market, VEER RIGHT at the fork. Cross over the bridge and turn left on Browns Valley rd. Continue on Browns Valley Road. After about 3 miles you'll see a sign on the right for "Roses of Yesterday." TURN LEFT into the Roses of Yesterday driveway marked by the star. Follow the signs for #809. Please drive slowly up this very narrow road! Visitor's parking lot is on the right. Parking is limited so carpooling is a must.

Drive Time: 90 minutes - Parking: Free - Dogs allowed on leash

October 16-19, 2014

CUYAMACA RANCHO STATE PARK – FALL RETREAT

Thursday Hike: Azalea Glen Loop – Level 1, Miles 3, Elevation 550'

Friday Hike: Stonewall Peak – Level 2.5, Miles 4, Elevation 900'

Saturday Hike: Cuyamaca Peak – Level 3.5, Miles 7, Elevation 1,700'

Paso Picacho Campground - Host: Anna J.

Cuyamaca Rancho State Park is located approximately 50 miles east of San Diego. The park is part of the Cleveland National Forest. From the peak of our selected hikes, you can see the adjacent parks; namely Palomar Mountain to the north and Anza-Borrego Desert to the east. On a clear day you can even see Mexico to the south. The campground has running water, flush toilets and showers. Although this park fell victim to the large historic fire in October of 2003 (the largest in California's history), it is doing remarkably well with new growth mixed in with the surviving old growth; a truly inspiring sight to see for any recovering person.

Directions: Head South via US-101 to CA-152 East (exit #356 10th St) to I-5 South toward Los Angeles for @ 242 miles. Take exit #161A/I-210 E Pasadena onto Foothill Fwy for @44 miles. Take exit #45/CA-57 S Santa Ana onto Orange Fwy for 4 miles. Take exit #22C/CA-71 Corona onto Chino Valley Fwy for 17 miles. Take ramp onto Riverside Fwy (CA-91 E) for 4.7 miles. Take the I-15/Barstow/San Diego exit onto Corona Fwy (I-15 S) to San Diego for 90 miles. Take exit #6B/I-8 E Mission Valley Fwy (I-8 E) toward El Centro/El Central for 32 miles. Take exit #40/CA-79 Descanso/Japatul Vly Rd turn left onto Japatul Valley Rd (CA-79). Take road into park (I believe it was 8 miles in)

(Fall Retreat continued)

**Drive Time: @ 8 hours / miles @ 500 - Dogs allowed on leash in campground & two hiking trails - State Park entry fee \$6
Camping \$10 - Campsites: 82-85 - Capacity 24 comfortably (32 max)
RSVP with Anna (408) 806-7675**

November 1, 2014

POGONIP OPEN SPACE

Level: 2 - Miles: 5 - Elevation: 500'

Hosts: Mary & Kent

Pogonip is an inspiring retreat of natural beauty. It is a scenic 640 acre expanse of open meadows, woodlands and creeks. Leashed dog rules are strictly enforced. Bring something to sit on during the meeting.

Directions: Take Hwy 17 to Hwy 1 North, Right on Misson Street, first right Highland Avenue, left on High Street and right on Spring Street. The entrance to Pogonip is at the end of this dead end street. Park where you can find legal street parking. Parking is limited so carpooling is a must.

Drive time: 40 minutes - Parking: Free - Dogs allowed on leash

November 15, 2014

MT DIABLO STATE PARK – GRAND LOOP

Level: 3.5 - Miles: 6.5 - Elevation: 1,849'

Hosts: Troy & Amy

As mountains go, Mt. Diablo isn't particularly tall – only 3,849 feet. However, the unobstructed view from the summit is remarkable. When visibility conditions are best, you can see almost 200 miles. From the Farallon Islands to the Sierras and from Mt. Lassen to Half Dome. For this reason surveyors used Mt. Diablo's peak to map out much of Northern California. On this hike we will enjoy the full panorama as we make a complete loop around the top of the mountain before ascending to the summit. We start off from Juniper overlook (2940') down Deer Flat Rd. and Meridian Ridge Rd. (2000'). We then go up Bald Ridge Trail and near Prospectors Gap (2955') we will have our meeting. After, we take North Peak and Summit Trails to the Summit (3849'). We then descend on Juniper Trail. A portion of our hike will take us around the east side of the mountain, which is recovering from a wildfire that occurred there last September.

Directions: Take I-680 North. In Danville take the Diablo Road exit and turn right. Follow Diablo Rd. to Mt. Diablo Scenic Blvd and turn left. This turns into South Gate Road and takes you to the park entrance. At the stop sign at Junction Ranger Station turn right on Summit Road and drive another 2.3 miles to Juniper Overlook which is on the left side of the road. Parking is limited so carpooling is suggested.

Drive Time: 1 hour & 15 minutes - Parking: \$10 - Dogs Not Allowed