

## WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Bring something to sit on during the meeting (i.e. tarp or bed sheet).
- Stay on the marked trails.
- Pick up a trail map before heading out.
- Follow all park rules and regulations.
- What you bring in, bring out (this includes trash, food items, etc.).
- Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.
- Watch out for poison oak, snakes, bees and the like.
- Please respect wildlife.
- If you bring kids or pets, make sure to supervise them at all times.
- Cameras are encouraged, but please ask permission first if taking someone's picture.
- For lots more about Wild Recovery and up-to-date hike information see our website [www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

## GRATEFUL TO BE OF SERVICE

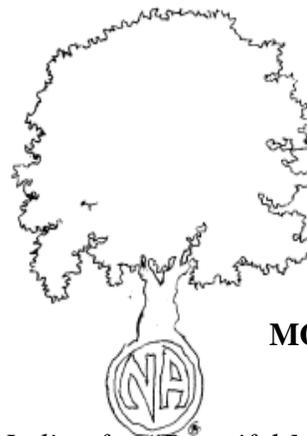
- Co-secretaries: Kent (925) 212-4972 & Ben (408) 605-7872
- Treasurer: John R. (831) 462-0262
- Asst. Treasurer: Diane (831) 462-0262
- GSR: Jeri (408) 799-6390
- Alternate GSR: Jeff (408) 314-6780
- Business Chair: Philip (650) 430-6353
- Business Recording Secretary: Mark K. (650) 533-4974
- Website: Anna (408) 806-7675
- Website Assistant: Mitch (510) 523-5166
- Hike Flyer: Troy (925) 785-2238
- Communication Coordinator: Nico (650) 248-5535

## HIKING LEVELS

**1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult**

*Hike rating system is subject to the interpretation of the hike host.*

*Please note miles & elevation when considering a hike ☺*



# WILD RECOVERY

March 2015 – May 2015

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

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March 7, 2015

**MONTE BELLO OPEN SPACE PRESERVE**

**Level: 3 - Miles: 5.4 - Elevation: 1,200'**

**Host: Mark K.**

*Italian for “Beautiful Mountain”, Monte Bello Open Space Preserve is a place of rolling grasslands, dense creekside forests, and spectacular vistas. The preserve encompasses the upper Stevens Creek watershed from Monte Bello Ridge to Skyline Ridge. The 3,436-acre preserve is rich in wildlife and ecosystem diversity. Monte Bello Preserve is surrounded by other open space preserves and parks, which makes trip options nearly limitless.*

**Directions:** Take Hwy 9 (Big Basin Way) to Hwy 35 (Skyline), turn North on Hwy 35 for 6.5 miles. Turn right onto Page Mill Road for 1.5 miles. Monte Bello parking lot is on the right.

**Drive Time: 1 hour – Parking: Free – Dogs Not Allowed**

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March 21, 2015

**SOQUEL DEMONSTRATION FOREST**

**Level: 2 - Miles: 4.5 - Elevation: 770'**

**Hosts: Kent & Mary B**

*Soquel Demonstration State Forest is located along the East Branch of Soquel Creek and includes portions of Amaya Creek and Fern Gulch Creek. It contains nearly 2700 acres of redwood, mixed hardwoods, riparian and chaparral ecosystems. The State Forest is geologically active; the San Andreas and Zayante Faults pass through the property. Associated with the Forest's geologic activity are some natural springs found in closed depressions, known as sag ponds.*

**Directions:** Take Highway 17 South. Exit Summit Road and go left. Drive approximately 4 miles on Summit Road, at which point Summit Road turns into Highland Way; continue on Highland Way. At the junction with Mount Bache turn right and then quickly left at Spanish Ranch Road to remain on Highland. Continue on Highland about another 4.3 miles, the park will be signed and on your right. Drive over the bridge and into the parking lot where we will meet at the trail head.

**Drive Time: 50 minutes – Parking: Free – Dogs Allowed**

**Business Meeting following the hike. Location TBA**

**April 4, 2015**  
**SUNOL REGIONAL WILDERNESS**  
**Level: 3.5 - Miles: 9.5 - Elevation: 2,400'**  
**Host: Justin N.**

*Tucked away in a partly-wooded valley south of Hwy 680, Sunol feels pretty remote, yet it is easy to get to and easy to hike. Just a 20-minute drive outside of Fremont, the park has several short, well-maintained hiking loops that offer challenging climbs and rewarding vistas. Although the park is almost half covered with oak woodlands, most of the trails run through open grassland on the south-facing hillsides which tend to get really hot.*

**Directions:** Take 680N towards Sacramento for 21 miles. Take the Calaveras Rd/State Hwy 84W exit towards Sunol. Turn right at Calaveras Road and drive for about 4 miles and turn left at Geary Road. After the pay station, proceed to the Flag Hill Trailhead, just after the visitor center parking area.

**Drive Time: 45 minutes – Parking: \$6 – Dogs Allowed: \$2 fee**

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**April 18, 2015**  
**SANBORN COUNTY PARK**  
**Level: 3.5 - Miles: 6 - Elevation: 1,200'**  
**Host: Jeri M.**

*This lushly wooded park of over 3,449 acres nestled in the Santa Cruz Mountains. It is mixed with Evergreens forest, featuring Redwoods and Douglas firs. It has a cool geological feature the San Andreas fault cuts diagonally through the park along Lyndon Canyon, Lake Ranch and Sanborn Rd. It has been said that during the 1906 earthquake the Lake ranch Reservoir "shook like a horse and emptied much of its water " and that some streams changed directions.*

*We will be hiking Sanborn trail to San Andreas to Peterson Memorial Trail back to the Sanborn trail.*

**Directions:** Take Highway 85 to Saratoga Ave Exit 14 towards the town of Saratoga. Saratoga Ave will become Highway 9 / Big Basin Way. Go about 2 miles on (Hwy 9) and make a left before the bridge. Travel one mile to the park entrance. We will meet in the very last parking lot.

**Drive Time: 40 minutes – Parking: \$6 – Dogs Allowed On Leash**

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**\*\*\* UPCOMING RETREATS \*\*\***

SPRING - June 11-14, 2015 - Lava Beds National Monument  
Hosts: Kent and Mary

SUMMER - August 6-9, 2015 - Loon Lake / Crystal Basin  
Hosts: Troy and Amy

**May 2, 2015**  
**MARTINS CREEK TRAIL to DONLON POINT**  
**Level: 2 - Miles: 5 - Elevation: 700'**  
**Host: Martin O.**

*This will be a new hike for Wild Recovery. This trail heads into the hills above West Dublin along the Martin Creek trail to a panoramic view of the Livermore Valley from the summit of Donlon Point. The hike begins under the canopy of Oak and Laurel trees following alongside Martins Creek. After crossing into the Calaveras Ridge Regional Park, the trail will emerge onto a grassy ridgetop that will lead us to the summit. This is an easier hike, accessible by hikers of all ability levels, and while the first half of the hike is shaded, the second part (including the meeting site) will be completely exposed so dress appropriately. The payoff will be a spectacular view from the summit, from Mt. Diablo to the north, to the broad Livermore Valley to the East and if it's clear we will even catch a glimpse of the skyline of San Francisco to the Northwest.*

**Directions:** Take 680N towards Sacramento to Westbound Hwy 580. Take San Ramon Blvd exit and turn right on San Ramon Blvd. Take the first left onto Dublin Blvd. Take a right at the second stoplight onto Silvergate Dr. After the second stop sign at Hansen Dr. look for the entrance to the Hansen Ranch housing development on the left hand side at the intersection of Bay Laurel St. Park anywhere on Silvergate Dr. The trailhead is at the entrance to Hansen Ranch.

**Drive Time: 45 minutes – Parking: Free – Dogs Not Allowed**

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**May 16, 2015**  
**PURISIMA CREEK REDWOODS**  
**Level: 3.5 – Miles: 8 – Elevation: 1,100**  
**Host: Nico R.**

*The centerpiece of this 4,711 acre preserve is Purisima Creek Canyon, with it's towering Redwoods, rushing creek, and understory of ferns, berries, and wildflowers. Coastal scrub and hadwood forests of Tanoak, Madrone, and Douglas Fir boarder the cool moist canyon. Magnificent views of the coast and Half Moon Bay are visible from the northern part of the preserve.*

**Directions:** From San Jose: Take Highway 280 North to Highway 92 towards Half Moon Bay then take Highway 1 South approximately 4.5 miles. Turn left on Verde Road, After Turning on to Verde Road and traveling ¼ miles, continue straight to remain on what becomes Purisima Creek Road. Travel 3.7 miles to the preserve parking lot. (2805 Purisima Creek Road, Half Moon Bay, CA 94019)

**Drive Time: 1hr 10 min – Parking: FREE (LIMITED) - Dogs Not Allowed**

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