

# WILD RECOVERY HIKE SUGGESTIONS

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

**EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.**

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out.

Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, be sure to supervise them at all times, and be sure they have enough water.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website

[www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

## GRATEFUL TO BE OF SERVICE

Secretary: Jeff F. (408) 314-6780

Treasurer: Diane T. (831) 462-0262

Assistant Treasurer: Jeri M. (408) 799-6390

GSR: Alan N. (415) 465-0338

Alternate GSR: Anna J. (408) 806-7675

Business Chair: Martin O. (408) 230-1321

Business Recording Secretary: John R. (831) 462-0262

Website: Glen V. (408) 455-1664

Website Assistant: Melody K.

Flyer: Troy (925) 785-2238

Communication Coordinator: Mary (831) 431-3491

## HIKING LEVELS

**1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult**

*Please note miles & elevation when considering a hike ☺*



# WILD RECOVERY

July 2017 – October 2017

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

July 22, 2017

**SANBORN COUNTY PARK**

**Level: 3 Challenging - Miles: 6 – Elevation gain: 1200'**

**Host: Martin O.**

*A nice hike with some good elevation climbs and a great spot for a summer hike as the trail is shaded under a mix of bay, madrone and redwood trees for almost the entire way. We will leave from the parking lot and go through the campground to get on the Sanborn trail. At the junction with the Skyline Trail we will stay right and continue for another 3 tenths of a mile to the Bittles Stairway. From there we can walk up the closed Skyline Blvd. to see the repairs under way on the major landslide that closed the road. From the top of the stairs we will follow a dirt road a short way to a spot where we will have the meeting. We will return via the same route.*

**Directions:** From San Jose: Take Hwy. 85 to Saratoga Ave, West. Go Approx. 2 miles to Saratoga Village where the St. name will change to Big Basin Way (Hwy 9). Go 2 miles up Hwy 9 and turn left on Sanborn Rd. Proceed 1 mile on Sanborn Rd. and turn right into the park entrance. After paying parking fee at the ranger booth, go to the 1<sup>st</sup> parking lot on the right toward the Peterson Grove where we will meet.

**Drive Time 40 Minutes - Parking \$6 - Dogs not allowed**

**There will be a business meeting following the hike. Location TBA**

August 5, 2017

**HENRY COWELL REDWOODS STATE PARK**

**Level: 2.5 Moderate - Miles: 7.5 - Elevation gain: 800'**

**Host: Jeri M.**

*Henry Cowell State Park is home to a centuries old Redwood Grove where the Zayante Indians once roamed. The San Lorenzo River passes through here on its way to the Pacific Ocean. This park is truly a gem of the Santa Cruz Mountains.*

**Directions:** Take Hwy 880/17 south and then take the Sims Rd/La Madrona exit which is after the Mt. Hermon exit in Scotts Valley. Take a left on La Madrona and a right on Sims Rd until you get to Graham Hill Rd and turn right. We will meet at the South Boundary entrance to Henry Cowell in the turn-out on the left. Drive to the far end before turning left into the one-way parking area. Parking is limited so carpooling is suggested.

**Drive Time: 1 hour - Parking: Free - Dogs Allowed on Leash**

---

**August 19, 2017**  
**BUTANO STATE PARK**

**Level: 4 Hard - Miles: 11 - Elevation gain: 1,700'**

**Host: Melody K.**

*Created in 1956 as part of an effort to save old-growth redwood, Butano is open and suitable for hiking year round. It abounds with redwood groves, lush streams and panoramic vistas of the nearby coastline. In spite of its pristine beauty, because of the difficulty in getting there from the Bay Area, Butano remains one of the least visited parks on the peninsula. We will meet at Mill Ox Trail (small parking lot, so please carpool!) walk up a little past the campground and take Goat Hill to Doe Ridge, to Olmo Fire Rd. where we will have our meeting, less than half-way through the hike. Then Olmo to Indian Trail, to Canyon Trail, Jackson Flats and then down Mill Ox to our parking spot.*

**Directions:** N on 280 to Sand Hill, W on Sand Hill to SR-84, W on 84 to Coast Hwy (1). S on 1 for 12.5 miles, Left on Gazos Creek. Bear left onto Cloverdale and turn right into the park. There are two small parking areas, one at the entrance and one at the picnic area, drive past these and find us at the Mill Ox Trailhead. Try to Carpool!

**Drive Time: 1 hour 15 minutes - Parking: \$10 - No Dogs Allowed**

---

**September 2, 2017**  
**JOAQUIN MILLER PARK**

**Level: 3 Challenging - Miles: 6 - Elevation gain: 1,100'**

**Host: Megan S.**

*Purchased in 1919 from colorful author, Joaquin Miller nicknamed "Poet of the Sierras", this park now covers more than 500 acres. Its trails connect downhill to Oakland's Dimond Canyon Park, and uphill to Roberts and Redwood East Bay Regional Parks, and the Bay Area Ridge Trail. With expansive views of San Francisco and the Bay, Joaquin Miller Park is a delightful place to hike among towering redwoods.*

**Directions:** Take I-880 N to I-238 toward Castro Valley/Stockton. In 2 miles take exit 14 to merge onto I-580 W toward Oakland. In 8.4 miles take CA-13 N/Warren Fwy, follow signs to Berkeley. Take Joaquin Miller Road exit toward Lincoln Ave. Turn right on Joaquin Miller road and make a u-turn at Crane Way to park on the street next to Woodmister Memorial and Cascade steps and fountain.

**Drive Time: 1 hour - Parking: Free - Dogs Allowed on Leash**

---

**September 16, 2017**  
**LEXINGTON COUNTY PARK**

**Level: 3 Challenging - Miles: 5 - Elevation gain: 1,182'**

**Hosts: Mary S. & Anna J.**

*Lexington County Park offers recreational opportunities for equestrians, cyclists and hikers - as well as boating and picnicking. Plant communities include mixed hardwood, mixed evergreen, riparian forest, redwood forest, chaparral, grassland and mixed conifer. Animal life includes a variety of birds, mammals, amphibians and reptiles.*

**Directions:** Take Hwy 17 S to Bear Creek Exit, go right on Bear Creek Road, get back onto 17 N stay in access lane, turn right onto Alma Bridge Road- in 1.5 miles Priest Rock Trailhead is on left - park on side of road. If you get to the Rowing Club you just passed it. Parking is limited, so carpooling is suggested.

**Drive Time: 30 minutes - Parking: Free**

**Dogs Allowed on Leash unless forecasted temperature over 80°**

---

**September 29 - October 1, 2017 FALL RETREAT**  
**CLEAR LAKE STATE PARK / Host: Sonya M.**

**Friday: Dorn Nature Trail to swimming beach**

**Level 2 Moderate - Miles: 2.5 - Elevation Gain: 500'**

**Saturday: Wright Peak Summit Trail**

**Level 3.5 Challenging - Miles: 6 - Elevation Gain: 1,600'**

*Clear Lake State Park is on the shores of California's largest freshwater lake. Lake County's ancient towering volcano - Mt Konocti - provides a dramatic backdrop to Clear Lake and will be the destination for Saturday's hike. At 4,305 feet (1,312 m), it is the second highest peak in the Clear Lake Volcanic Field, which consists of numerous volcanic domes and cones ranging from 10,000 to 2.1 million years old. Mount Konocti has five distinctive peaks: Wright Peak, Howard Peak, South Peak, Buckingham Peak and Clark Peak. Sacred to Native Americans and subject of legends, the mountain is one of the few landmarks ever-visible from most locations throughout the county, and offers outstanding views. It is home to falcons and other raptors, a myriad of other birds, red fox, bob cats, and rattlesnakes. Mt Konocti opened to the public in the fall of 2011. In private hands since the mid-1800s, few have previously enjoyed the breathtaking beauty seen from the top.*

**Directions:** Take 280S to 680N for 70 miles. Take exit 71B to merge onto CA-12 W/I-80 towards Napa/San Francisco, take exit towards CA-12W for 6 miles. Turn right onto CA-12 W/CA-29 N (signs for Napa/Sonoma) follow CA-29N for around 50 miles. Left onto Highway 175 W 8.4 miles, left onto Bottle Rock Rd 11 miles, Left onto CA-29 N/Hwy 175 W 2 miles. At Kellseville, turn right onto Main St, right onto State St, right onto Gaddy Lane, continue onto Soda Bay Rd, left onto State Park Rd into Clear Lake SP, follow signs/map to group site A.

**Camping \$10 per person. Additional cars \$8. Overflow on first come basis.**

**Carpooling recommended. Drive Time is approx. 3 hours.**

**Dogs allowed in campground only, not on trails or at beach.**