

March 31, 2018

**ANDREW MOLERA STATE PARK**

**Level: 3 Challenging - Miles: 7.5 - Elevation gain: 1,050'**

**Hosts: Bill E. and Melody K.**

*Andrew Molera State Park is the biggest State Park on the Big Sur coast. Its 7.4 miles boast more than 20 miles of trails, offering hikers passage across driftwood-strewn beaches, beside rivers lined with redwoods and atop high ridges that overlook the Santa Lucia Range and broad Pacific. Diverse ecosystems shelter a broad range of plant and animal communities. Birders know the park well. Leaving the parking lot we will cross the Big Sur River and follow the River Trail to Hidden Trail. Then we ascend to the Ridge Trail and follow it to the park's highest point west of Hwy 1 (1,050'). We will then descend on the Panorama Trail to Spring Trail junction. At this point we will take a side trip down to the purple beach. On the last leg of our adventure we will follow the Bluffs Trail along the edge of a marine terrace. **Note: If the bridge is down we will be wadding across the Big Sur River, knee deep water. Please plan accordingly.***

**Directions:** Take US 101 South. Take Monterey/Peninsula merge onto 156 West. Continue onto Hwy 1 South to Andrew Molera State Park on the right 20 miles south of Carmel.

**Drive Time: 1 hour 50 min - Parking: \$10 - No Dogs Allowed**

**WILD RECOVERY HIKE INFORMATION**

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

**EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.**

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out. Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

**Smoking, including the use of electronic vaping devices, is not permitted on any trails or during the meeting. Smoking and vaping are also prohibited at all times in the campsites on our retreats. Please leave smoking and vaping materials in your vehicle.**

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, be sure to supervise them at all times, and be sure they have enough water.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website [www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

**GRATEFUL TO BE OF SERVICE**

Secretary: Rob D. (415) 596-4114

Treasurer: Jeri M. (408) 799-6390 / Asst. Treasurer: Diane T. (831) 462-0262

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Business Chair: Martin O. (408) 230-1321

Business Recording Secretary: Troy H.. (925) 785-2238

Website: Melody K. (831) 706-1692 / Website Assistant: open

Hike Flyer: John R. (831) 462-0262 / Comm.Coordinator: Glen V. (408) 455-1664

**HIKING LEVELS**

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

Please note miles & elevation when considering a hike ☺



# WILD RECOVERY

January 2018 – March 2018

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

January 6, 2018

**SANTA TERESA COUNTY PARK**

**Level: 3 Challenging - Miles: 5**

**Elevation gain: 1,100' - Host: Glen V.**

*Offering spectacular views of Santa Clara Valley, including the tallest peaks of the Bay Area, this easily accessible park consists of 18 miles of trails suitable for hiking, biking, and equestrian use. The first half of the hike will be the most challenging as the last stretch leading up to Coyote Peak with an elevation of 1,155 ft. will be somewhat steep, but still suitable for entry level hikers.*

**Directions:** Take Highway 85 South to the Bernal Road exit. Proceed west 1.1 miles on Bernal Road and turn left at Santa Teresa Boulevard. After 0.6 miles make a right on Avenida Espana and follow it for 0.4 miles as it becomes Bayliss Drive. Stop and park near the archery range.

**Drive Time: 15 minutes - Parking: Free - Dogs Allowed on Leash**

January 20, 2018

**LONG RIDGE OPEN SPACE PRESERVE**

**Level 2: Moderate - Miles: 4 - Elevation Gain: 350'**

**Host: Rob D.**

*On our way down we will enter the cool shaded trails with aromas from the California Bay and Live Oaks. When the trails are dry the footprints of turkeys, wild pigs and coyotes are abundant. After a short 300 to 350 ft climb up Peters Creek Trail we will reach Long Ridge, hence the name, a gorgeous long flat walk with opportunities for great viewgasmms. Ferns and moss covered rocks line the trail back down to the trailhead. As most hikers will agree a good hike ends downhill as with this one.*

**Directions:** From Hwy 85 take the Saratoga Ave. exit west toward downtown Saratoga. Saratoga Ave becomes Hwy 9, continue up to Hwy 35 and turn right. Go about 3 miles until you see a green Palo Alto City Limit sign on the right. Trailhead roadside parking is available on either side of Hwy 9.

**Drive Time: 45 Minutes - Parking: Free - No Dogs Allowed**

**There will be a business meeting following the hike. Location TBA**

**February 3, 2018  
BIG ROCK RIDGE**

**Level: 3.5 Challenging - Miles: 7 - Elevation gain: 1,895'**

**Host: Alan N.**

*Snaking between San Rafael and Novato is Big Rock Ridge. The summit, at 1,895 feet, is the second-highest point in Marin County, behind Mount Tamalpais. The ridge offers spectacular 360-degree views of the Bay Area and beyond.*

**Directions:** Highway 101 north to the Lucas Valley/Smith Ranch Road exit and head west on Lucas Valley Road. After about 5.5 miles, as the hill crests, you will see a big rock on your right. This is the trailhead. Parking is on the left. Limited parking - carpooling is suggested.

**Drive Time: 1 hour 30 min - Parking: Free - Dogs Allowed**

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**February 16 - 18, 2018 WINTER RETREAT**

**SAMUEL P. TAYLOR STATE PARK / Hosts: Troy & Amy**

**Fri: Maurice Thorne Memorial & Roy's Redwoods Open Space Preserves**

**Level: 2 Moderate - Miles: 4.5 - Elevation Gain: 500'**

**Sat: Cross Marin Trail and Bolinas Ridge Loop**

**Level: 3 Challenging - Miles: 10.75 - Elevation Gain: 900'**

*Marin County has over 185,000 acres of protected land and hundreds of miles of trails. Eventually, WR will have hiked them all! Friday afternoon we'll check out a couple of Marin County Open Space Preserves on the north side on San Geronimo Valley. A foot bridge over Nicasio Valley Road connects the two parks. Saturday's hike takes us along Lagunitas Creek in Samuel P Taylor State Park on the Cross Marin Trail and up Jewell Trail to Bolinas Ridge Fire Road in the Golden Gate National Recreation Area. From Bolinas Ridge we'll have views of Tomales Bay in the distance and across the San Andreas Rift Zone to Inverness Ridge in Point Reyes National Seashore. On the leg back down we'll be on the Shafter Grade Trail which lies in Marin County Water District land.*

**Directions:** From San Jose - Take I-880 N to I-580 W. Cross the Richmond/San Rafael Bridge and merge onto Hwy 101 N. Take exit 452 for central San Rafael. Turn left at the second traffic light, 3<sup>rd</sup> Street which becomes 4<sup>th</sup> Street and then Red Hill Ave. In 1.7 miles turn right on Sir Francis Drake Blvd. Continue on Sir Francis Drake Blvd for 12 miles to the park. We will be in the Madrone Group Camp.

Contact Troy at (925) 785-2238 to arrange payment and reserve a spot.

**Drive Time: 1 hour 50 min - Camping Fee: \$25**

**Dogs Allowed in camp and on the hikes.**

**March 3, 2018**

**CASTLE ROCK STATE PARK**

**Level: 3 Challenging - Miles: 5 - Elevation gain: 1,000'**

**Host: Steve M.**

*Castle Rock State Park is a land of sculpted sandstone, lush forests, and sweeping vistas. Plant lovers come for the California black oaks, knobcone pines, and high elevation redwoods. We will be hiking along the Ridge trail and Saratoga Gap trail which includes amazing views of the Silicon Valley.*

**Directions:** Take highway 85 to the Saratoga Ave exit. Go South of Saratoga Avenue 1.9 miles until you reach Highway 9/Big Basin Way. Continue straight on Highway 9S for 7.3 miles until you reach CA 35 Skyline Blvd. Turn Left and continue ~3 miles until you reach the main entrance on the right side.

**Drive Time: 40 minutes - Parking: \$8 - No Dogs Allowed**

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**March 17, 2018**

**PLEASANTON RIDGE REGIONAL PARK**

**Level: 3.5 Challenging - Miles: 11 - Elevation gain: 1,774**

**Host: Nancy S.**

*Pleasanton Ridge has panoramic views to the north, east, and south. The San Ramon, Pleasanton and Livermore Valleys lie spread out below while Mount St. Helena and the Diablo and Hamilton mountain ranges appear in the distance. To the south, unbroken views of ridgetops extend to Sunol Valley and then rise back up to Mission and Monument peaks. There are still beautiful Olive tree orchards that were planted between 1890 and 1920. Grassland is the dominant plant community with beautiful wildflowers in the Spring. The woodland communities are made up of Coast Live Oak, California Bay Laurel, Blue Oak, Black Oak, Valley Oak, and Oregon Oak. Pleasanton Ridge Thermalito Loop is a 11 mile lightly trafficked loop trail located near Sunol, California that offers scenic views. The trail is rated as moderate and primarily used for hiking, trail running, and horses. Dogs and horses are also able to use this trail.*

**Directions:** I-680N. to CA-84 W/Calaveras Rd in Sunol turn left to go under highway CA-84E/ Calaveras Rd, turn Right on Main St. on Bond St on Foothill Rd. 1.6 miles to parking lot on left Oak Tree Trail Head.

**Drive Time: 45 minutes - Parking: Free - Dogs Allowed**