

June 11, 2016
BIG BASIN STATE PARK – BERRY CREEK FALLS LOOP
Level: 4 - Miles: 10.5 - Elevation: 2,150'
Host: Steve M.

Big Basin is California's oldest State Park, established in 1902. Home to the largest continuous stand of Ancient Coast Redwoods south of San Francisco, the park consists of Old Growth and recovering Redwood Forest, with mixed conifer, oaks, chaparral, and riparian habitats. We will be taking Sunset Trail to Berry Creek Falls Trail which will include view of 3 different waterfalls. Finally, we will be hiking back on the Skyline-to-the-Sea trail with some of the oldest and largest Redwoods.

Directions: Take Hwy 9 South up to the CA35/Skyline Blvd intersection, crossing 35 and staying on 9. Drive west about 6 miles and continue straight onto CA236, which is a narrow winding road. Drive 8 miles to the park headquarters and park in the lot across the street from the Ranger Headquarters.

Drive Time: 1hr 10 min – Parking: \$10 – No Dogs Allowed

WILD RECOVERY HIKE SUGGESTIONS

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring something to eat during the meeting and plenty of WATER.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out. Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, make sure to supervise them at all times.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website www.wildrecovery.org

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

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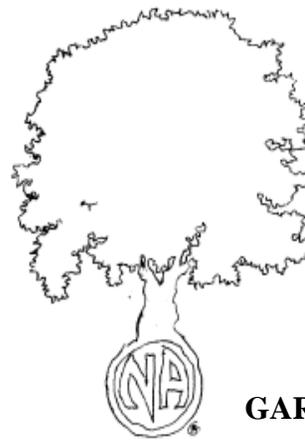
Hike Flyer: Troy (925) 785-2238 / Comm.Coordinator: Nico (650) 248-5535

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

Hike rating system is subject to the interpretation of the hike host.

Please note miles & elevation when considering a hike ☺



WILD RECOVERY

March 2016 – June 2016

Every other Saturday at 10 AM

www.wildrecovery.org

March 19, 2016

SAN GERONIMO RIDGE

GARY GIACOMINI OPEN SPACE PRESERVE

Level: 2.5 - Miles: 5.5 - Elevation: 1,300'

Host: Alan N.

The landscape along the ridge is open grassland that's dotted with a variety of wildflowers. Irises, both white and lavender, were numerous. Poppies, Indian paintbrushes, buttercups, mule's ears, sticky monkey flowers, checker blooms, blue-eyed grasses represented a rainbow of colors sprinkled on the hillsides and along the trails. Moderately strenuous 5.5-mile loop that mounts the ridge and incorporates a 1,300-foot climb in elevation.

Directions: 101-N or 280-N over the Golden Gate Bridge. Follow US-101 N for (10.9 mi) to Sir Francis Drake Blvd in Larkspur. Take exit 450B & turn left. Follow Sir Francis Drake Blvd for (10.3 mi) then turn left on San Geronimo Valley Rd. Left on Redwood Canyon Dr. Park at the San Geronimo Ridge Gate.

Drive Time: 1 hour 40 min – Parking: Free – No Dogs Allowed

April 2, 2016

DE ANZA TRAIL / SAN JUAN BAUTISTA

Level: 3 - Miles: 8 - Elevation: 880'

Hosts: Kent B.

The San Juan Bautista de Anza Trail is part of the National Park system. We will hike part of this trail just outside of historic San Juan Bautista. The Trail winds up and down mostly exposed hillsides with views of Fremont Peak.

Directions: Hwy 101 South take exit 345 to Ca 156 east. Drive 3 miles to the signal at the Alameda Rd intersection. Take a right and proceed on this slightly deteriorated road which is Old Stagecoach Rd. You will come to a fork in the road with signs for Fremont Peak and Juan Bautista De Anza National Historic Trail. Stay Right on the dirt road and it ends at the gate. Park along the road.

Drive Time: 1 hour – Parking: Free – Dogs Allowed on Leash

April 16, 2016
PORTOLA REDWOODS STATE PARK
Level: 2.5 - Miles: 7.4 - Elevation: 600'
Host: Leah

This 7.4 mile loop hike begins at about 400 feet the descends slightly through redwood, tanoak, and huckleberry, then bends and drops to the banks of Pescadero Creek. Hike past tiny Tiptoe Falls and enjoy wildflower blooms of starflower, redwood sorrel, milkmaids, and trillium. We will climb to just over 800 feet and descend back to the trailhead. Hike will be mostly shaded – come prepared with layers. Possibility of mosquitoes.

Directions: Take 280-N to Page Mill Rd. exit and head west. Page Mill Rd. will turn into Alpine Rd. after it crosses Hwy 35. After crossing Hwy 35 continue west for 3.5 miles to Portola State Park Rd. Continue ~3 miles on Portola State Park Rd. to entrance kiosk. Continue another 0.4 mile to the parking areas near ranger station. If possible park in the Madrone lot (meet-up spot, before the ranger station on left), or in the spots past the ranger station and across the bridge (right side of road).

Drive Time: 1 hour 15 min - Parking: \$10 – No Dogs Allowed
Business meeting after the hike.

April 28 - May 1, 2016

CACHUMA LAKE / SANTA BARBARA SPRING RETREAT
Hosts: John and Diane 831-462-0262

Lake Cachuma is nestled amidst the oak-shaded hills of the Santa Ynez Valley in Santa Barbara. The campground is one of the most modern and diverse of its kind in California. It provides an abundance of RV, tent and group sites as well as yurts and cabins for rent. There is a fully stocked general store, gas station and coin operated hot showers. Our group site, known as “El Dorado Vista” overlooks the lake and is complete with picnic tables, BBQ pits and two horseshoe pits. Dogs are welcomed in the campground on-leash and on the trails. There is also a dog park where we can let the dogs run.

Thursday: Set-up Camp & Relax

Friday: (Level: 1.5 - Miles: 5 - Elevation: 80 ft.)

Saturday: (Level: 4 - Miles: 8.5 - 2100 ft.) and Traditional Potluck Dinner

Sunday: Spiritual Meeting - Checkout time: 1:00 pm

Directions: Take US-101 south to Exit 146 (CA-154E) toward Los Olivos / Lake Cachuma. Continue on CA-154E until you come to a traffic circle. At the circle, you will take the first exit and continue onto CA-154E. The entrance to Cachuma Lake Recreation Area will be on the left, approximately 5 miles from the traffic circle.

Drive time: 4 hours (256 miles)
Camp Fee: \$25 per person

May 14, 2016
GARRAPATA STATE PARK - CARMEL
Level: 3 - Miles: 7 - Elevation: 1,000'
Host: Jeri M.

The park has two miles of beach front, with coastal hiking and beautiful views of the Pacific. The park offers diverse coastal vegetation (spring wildflowers) with trails running from ocean beaches into dense redwood groves. Sea lions, sea otters and migrating grey whales frequent the coastal waters. We will hike Rocky Ridge & Soberanes Canyon Trails. Note: Ticks and poison oak may be present so long pants are recommended.

Directions: Take Hwy 101 south to CA 156 west to Hwy 1 south. The park is located 6.7 miles south of Rio Road in Carmel. There's a highway turnout at mileage marker 65.8. No sign is visible from the highway, but look for a pullout under a distinctive row of cypress trees that line the highway. Park along Hwy 1. The trail head is a gated dirt road that leads to an abandoned tin barn.

Drive Time: 1 hour 30 min - Parking: Free – No Dogs Allowed

May 28, 2016

BRIONES REGIONAL PARK
Level: 3.5 - Miles: 9.5 - Elevation: 3,250'
Hosts: Troy and Amy H.

With its rolling, grassy hills and secluded, shady canyons, Briones is a secret wilderness surrounded by the towns of central Contra Costa County. Naturalist John Muir, a resident of nearby Martinez, hiked these hills in the late nineteenth century. We'll start out from a different staging area and explore an area missed on previous hikes in this park. We will be hiking the undulating Lafayette Ridge Trail up to the Briones Crest trail. Along the way we'll be rewarded with views across Diablo Valley to Mt. Diablo. After this roller coaster climb, we then have a gradual downhill on the Seaborg trail to Homestead Valley Camp. We'll have our meeting under the old Cypress trees there. We return ascending the Crescent Ridge Trail passing the Archery Range along the way.

Directions: Take 680 North to Hwy 24 West toward Lafayette/Oakland. In approx. ½ mile take exit 14 for Pleasant Hill Road/Mt Diablo Blvd. Go right at the fork to Pleasant Hill Road North. In approx. ½ mile make a U-Turn at Quandt Road/Springhill Road. The parking lot for the Lafayette Ridge trailhead will be the first driveway on your right.

Drive Time: 1 hour 10 min – Parking: Free – Dogs Allowed