

## WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Bring something to sit on during the meeting (i.e. tarp or bed sheet).
- Stay on the marked trails.
- Pick up a trail map before heading out.
- Follow all park rules and regulations.
- What you bring in, bring out (this includes trash, food items, etc.).
- Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.
- Watch out for poison oak, snakes, bees and the like.
- Please respect wildlife.
- If you bring kids or pets, make sure to supervise them at all times.
- Cameras are encouraged, but please ask permission first if taking someone's picture.
- For lots more about Wild Recovery and up-to-date hike information see our website [www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

## GRATEFUL TO BE OF SERVICE

- Secretaries: Diane (831) 462-0262 & John W. (916) 715-1358
- Treasurer: Jeff (408) 314-6780
- Asst. Treasurer: John R. (831) 462-0262
- GSR: Glen (408) 455-1664
- Alternate GSR: Jeri (408) 799-6390
- Business Chair: Mitch (510) 523-5166
- Business Recording Secretary: Mark K. (650) 533-4974
- Website: Justin (805) 338-1349
- Website Assistant: Anna (408) 806-7675
- Hike Flyer: Troy (925) 785-2238
- Communication Coordinator: Philip (650) 430-6353

## HIKING LEVELS

**1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult**

*Hike rating system is subject to the interpretation of the hike host.*

*Please note miles & elevation when considering a hike ☺*



# WILD RECOVERY

November 2014 – February 2015

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

**November 29, 2014**

**MUIR BEACH TO RODEO BEACH**

**Level: 3.5 - Miles: 11 - Elevation: 1,700'**

**Host: Nico R.**

*This quiet cove, beach, and lagoon tucked into the coastline three miles west of Muir Woods—is a favorite spot among locals. You can go up to the newly completed, multi-use Dias Ridge trail—a segment of the Bay Ridge Trail—on a ridgeline above Muir Beach. This new trail offers breathtaking views of the Pacific Ocean and Marin coastline*

**Directions:** The address is 199 Pacific Way, Muir Beach CA 94965 in Sausalito. Take Highway 280 North towards San Francisco. Continue on CA-1 North, follow signs for California 1 N/19<sup>th</sup> Avenue/Golden Gate Bridge. Merge onto Us-101. Take the CA-1 exit towards Mill Valley/Stinson Beach. Continue onto CA-1 N. In 0.8 Miles turn LEFT to stay on CA-1N and after 5.1 miles turn LEFT onto Pacific Way.

**Drive Time: 1hr 50 minutes - Parking: FREE - Dogs Allowed on Leash**

**December 13, 2014**

**HIDDEN VILLA RANCH / LOS ALTOS HILLS**

**Level: 2.5 - Miles: 5 - Elevation: 750'**

**Host: Tom R.**

*Hidden Villa is a nonprofit educational organization that includes an organic farm, hostel and wilderness area. It stretches over 1,600 acres of open space in the foothills of the Santa Cruz Mountains adjacent to the town of Los Altos Hills. We will take the Windmill Pasture loop through the farm, up wooded paths across an exposed ridge line to a meadow overlooking Santa Clara Valley and SF Bay.*

**Directions:** Take I-280 North to the Moody Road Exit, Follow signs to Foothill College then 0.7 miles Left on Moody Road then 1.7 miles, destination is on left.

**Drive Time: 20 minutes - Parking: \$5 - Dogs Not Allowed**

**Business Meeting following the hike. Location TBA**

**December 27, 2014**

**WILDER RANCH**

**Level: 2.5 – Miles: 6.7 – Elevation: 400'**

**Hosts: Diane & John**

*Wilder Ranch is one of the finest Central Coast State Parks. Comprised of 7,000 acres with 34 miles of trails. Our hike will cover almost 7 miles of rolling hills, grasslands, oak, madrone and redwood forest. Over half of the hike will be without shade, so don't forget the sunscreen.*

**Directions:** Take Hwy 17 South to Santa Cruz, take the Highway 1 North exit to Mission St. (Hwy 1). Turn right on Mission St. it will turn back into the Hwy 1 outside of town. Wilder Ranch is approximately 2.1 miles out of Santa Cruz on the left. We will be meeting in the parking lot.

**Drive Time: 45 Minutes - Parking: \$10 - Dogs Not Allowed**

---

**January 9-11, 2015**

**MT. DIABLO STATE PARK - WINTER RETREAT**

**Hosts: Troy and Amy**

**Friday: Camp to Summit Hike**

**Start Time: Noon - Level: 3.5 - Miles: 6 - Elevation: 1,948'**

**Saturday: Knobcone Point & Oyster Point Loop Hike**

**Start Time: 9AM – Level: 4 - Miles: 12.25 - Elevation: 2,200'**

**Sunday (optional): Rock City & Sentinel Rock**

**Miles: 1.5 - Level: 1.5 - Elevation: 300'**

*Mt. Diablo State Park is one of the ecological treasures of the San Francisco Bay Area. Every season in the park has its special qualities. Although the Morgan Fire of Sept 2013 burned 3,111 acres, fire is actually a natural part of the mountain's ecology. Many of the plants require fire to reproduce, and as we will see, the charred areas have begun the process of recovery.*

*Fri & Sat hikes both start from camp. Friday we will hike to the summit where the observation deck has been reopened giving us a 360° view from the top.*

*Saturday we are hiking in the south end of the park including an area recently protected by a local land conservation group. They have granted us access to their property which is not yet open to the public.*

*We are camping in Wildcat group campground under a canopy of large oaks.*

*NOTE: Due to drought conditions water may not be available in the park. Please bring plenty of water.*

**Directions:** Take I-680 North and take the Diablo Road exit in Danville. Turn right and follow Diablo Road approx. 3 miles. Turn left on Mt Diablo Scenic Blvd which becomes South Gate Road. In approx 6.5 miles (2.5 miles past the entrance kiosk) turn left into Wildcat Group Camp.

**Drive Time: 1 ½ hours - Camping Fee: \$10**

**\$10 entrance fee per vehicle - No Dogs on hikes**

**Contact Troy H. to RSVP at (925) 785-2238 or troyamy907@aol.com**

---

**January 24, 2015**

**HUDDART COUNTY PARK / PHELGER ESTATE**

**Level: 3 - Miles: 7.2 - Elevation: 1,200' - Host: Mark K.**

*The forested slopes and steep, cool canyons of these two parks offer a variety of terrain. The majestic coast redwoods provide a cool, well-shaded environment. Here sword fern and redwood sorrel provide luxuriant cover for large, yellow banana slugs that inch slowly on their way. The mixed evergreen forest, which covers most of the park. Here trees, such as tan oak, madrones, California laurel, coast live oak, and douglas fir are dominant. Beneath the trees are many shrubs, including sticky monkey flower, wild lilac, toyon, wood rose, and poison oak. Brilliant wildflowers, such as western hound's tongue, indian warrior, and fremont's star lily (zygadene lily) are found along with the graceful wood fern.*

**Directions:** Take I-280 N to Woodside Rd/State Route 84 exit. Turn left, then at the stop sign, slight right on Cañada Rd. Go 1.3 miles and turn left on Runnymede Rd then go .7 miles to parking. This is not the main entrance to Huddart Part, it is the Crystal Springs entrance.

**Drive Time: 35 minutes - Parking: Free - Dogs not allowed**

---

**February 7, 2015**

**CASTLE ROCK STATE PARK**

**Level: 3 - Miles: 6 - Elevation: 1500' - Host: Jeff**

*Castle Rock State Park encompasses over 5,200 acres of wildlands in the Santa Cruz Mountains with 35 miles of hiking trails and a wide variety of plant and animal communities, very interesting rock formations and great views of the San Lorenzo Valley and Pacific Ocean . We will be hiking Saratoga gap trail to ridge trail loop.*

**Directions:** Located on Highway 35, just 2.5 miles southeast of the junction with Highway 9. From San Jose or Santa Cruz, take Hwy 9 to Hwy 35. Turn south onto Hwy 35. Drive about 5 miles and look for the park entrance on the right side of the road.

**Drive Time: 1 hour - Parking: \$8.00 - Dogs not allowed**

---

**February 21, 2015**

**\*\*Start Time: 9 AM\*\***

**HENRY COE STATE PARK**

**Level: 5 - Miles: 15 - Elevation: 4,300' - Host: Justin N.**

*Henry Coe is the largest state park in northern California with nearly 90,000 acres of oak woodlands and pine-crested ridges. Common fauna in the park include mule deer, turkey, pigs, and coyote. Please note: This hike is long, so we must start at 9:00am in order to finish before sunset.*

**Directions:** Take 101-S towards Morgan Hill. Exit at East Dunne Ave and turn left. Proceed straight on Dunne Ave passing Anderson Lake to Henry Coe SP Headquarters (approx. 12 miles from the freeway).

**Drive Time: 55 minutes – Parking: \$8 – Dogs not allowed**