

December 24, 2016

BIG BASIN REDWOODS STATE PARK - BUZZARDS ROOST

Level: 3 Challenging - Miles: 7.5 - Elevation gain: 1,200'

Host: Melody K.

Big Basin is California's oldest State Park, established in 1902. Home to the largest continuous stand of Ancient Coast Redwoods south of San Francisco, the park consists of Old Growth and recovering Redwood Forest, with mixed conifer, oaks, chaparral, and riparian habitats. Hikers will experience the magic of the redwoods during the quiet season and find incredible views from the top. This hike will start on Skyline to the Sea, following the river to Redwood Loop trail, bypass to Blooms Creek Trail and finally connecting to Pine Mountain Trail. Alternative options available for shorter hikes.

Directions: Take Highway 9 South up to the CA35/Skyline Blvd. intersection, crossing 35 and staying on 9. Drive west about 6 miles and continue strain onto CA 236, which is a narrow winding road. Drive 8 miles to the park headquarters, follow North Escape Road to the last picnic spot on the left.

Drive Time: 1 hour - Parking: \$10 - No Dogs Allowed

WILD RECOVERY HIKE SUGGESTIONS

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out. Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, be sure to supervise them at all times, and be sure they have enough water.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website www.wildrecovery.org

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

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Hike Flyer: Troy (925) 785-2238 / Comm.Coordinator: Nico (650) 248-5535

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

Please note miles & elevation when considering a hike ☺



WILD RECOVERY

October 2016 – December 2016

Every other Saturday at 10 AM

www.wildrecovery.org

October 1, 2016

BLACK MOUNTAIN

Level: 4 Hard - Miles: 10.5

Elevation gain: 2,280' - Host: Jeff F.

Black Mountain is located in Los Altos Hills. We will be hiking from Hidden Villa, which borders San Antonio. We will travel up a long steep trail to the highest peak in the northern Santa Cruz Mountains, where we will be rewarded with breath taking 360 degree views.

Directions: Take Hwy 280 to the El Monte/Moody Rd. exit. Follow signs to El Monte Road West and Foothill College. Get Into the left lane and drive past the college entrance. At the first stop sign turn left onto Moody Road and continue through the second stop sign, keeping left. Continue for 1.5 miles until you see the Hidden Villa entrance on your left.

Drive Time: 25 minutes - Parking: \$5.00 - No Dogs Allowed

October 15, 2016

POINT REYES NATIONAL SEASHORE

Level: 4 Hard - Miles: 12 - Elevation gain: 1,643'

Host: Mitchel

This hike at Point Reyes is nature at its best with long creeks with many twists and turns through a Douglas fir forest where it ends with an ocean view at Kelham Beach. We will start our hike from the Bear Valley Visitor Center. We'll follow the Bear Valley trail to Old Pine Trail. We'll follow Old Pine Trail to Sky Trail, to the Coast Trail to Kelham Beach. After the meeting we will go back to Bear Valley Visitor Center via Coast Trail to Bear Valley Trail.

Directions: Take Hwy 101 North, cross the Golden Gate Bridge, and continue for about 9 miles to the Sir Francis Drake / San Anselmo exit (450B). Stay in the San Anselmo lane (second from the right) and exit onto Sir Francis Drake Blvd heading west. Drive approx. 21 miles through San Anselmo, Fairfax and Samuel P Taylor Park until Sir Francis Drake Blvd intersects with Hwy 1 at Olema. Turn right on Hwy 1 and proceed north about 100 yards. Take the first left at Bear Valley Rd just past the red barn. Look for the Visitor Center sign and proceed up the left fork of the driveway to the Visitor Center. Park in the left parking lot towards the far end, near the Bear Valley trailhead.

Drive Time: 1 hour 45 min - Parking: Free - No Dogs Allowed

October 29, 2016

SANTA TERESA COUNTY PARK

Level: 3 Challenging - Miles: 5.5 - Elevation gain: 1,200'

Host: Glen V.

Offering spectacular views of Santa Clara Valley, including the tallest peaks of the Bay Area, this easily accessible park consists of 18 miles of trails suitable for hiking, biking, and equestrian use. The first half of the hike will be the most challenging as the last stretch leading up to Coyote Peak with an elevation of 1,155 ft. will be somewhat steep, but still suitable for entry level hikers.

Directions: Take Highway 85 South to the Bernal Road exit. Proceed west 1.1 miles on Bernal Road and turn left at Santa Teresa Boulevard. After 0.6 miles make a right on Avenida Espana and follow it for 0.4 miles as it becomes Bayliss Drive. Stop and park near the archery range.

Drive Time: 15 minutes - Parking: Free - Dogs Allowed on Leash

November 12, 2016

POINT LOBOS STATE NATURAL RESERVE

Level: 2 Moderate - Miles: 7.1 - Elevation gain: 616'

Host: Mary B.

The iconic Point Lobos area is geologically unique and contains a rich and diverse plant and animal life both on shore and in the water. Called the "greatest meeting of land and water in the world" by landscape artist Francis McComas, Point Lobos is considered a crown jewel in the California state park system. We will meet at the Whalers Cove Parking Lot.

Parking at Whalers Cove in Point Lobos is limited and often fills up early. If you park outside the park and walk in, the suggested entrance donation is only \$1.00. If you pay the entrance fee and the Whalers Cove lot is full, the walk from the other lots in the park, are longer than the walk from outside the park.

Directions: Take Hwy 101 South for approx 45 miles to CA 156 West Monterey Peninsula exit. Take Hwy 156 West for 6.5 miles to CA Hwy 1 South. Take CA Hwy 1 South for 20 miles to Point Lobos. Park entrance on right 3 miles south of Carmel.

Drive Time: 1 hour 30 min - Parking: \$10 - No Dogs Allowed

Business meeting following the hike @ RG Burgers in Carmel.

*Save the dates for the Winter Retreat - March 16-19, 2017
Agua Caliente in San Diego County - Hosted by Anna*

November 26, 2016

MORGAN TERRITORY REGIONAL PRESERVE

Level: 3 Challenging - Miles: 5.75 - Elevation gain: 880'

Hosts: Troy and Amy H.

This is one of the most remote open space preserves in the east bay. From the ridge tops there are expansive views of the East side of Mount Diablo to the west and the Central Valley with the peaks of the Sierras beyond to the east. We start out on the Coyote Trail, down a canyon through lush Riparian habitat. We emerge into grasslands where Native American mortars are located in the rocks under the oak trees. We ascend Stone Corral Trail to Volvon Trail which loops around Bob Walker Ridge where we will have our meeting. We continue through Oak, Bay and Buckeye forest, catching glimpses of Los Vaqueros Reservoir and the Altamont windmills through the trees. On Blue Oak Trail, look for the Woodpecker's acorn storage in some of the big oaks. Then the single track Prairie Falcon Trail takes us through Chaparral and past beautiful Manzanita to rock out crops overlooking the canyon below. The Condor Trail takes us back to the staging area.

Directions: Take I-680 North to I-580 East toward Livermore, exit onto N Livermore Ave. and turn left. In 3.5 miles, N Livermore curves left and becomes Manning Road. Go another ½ mile and turn right onto Morgan Territory Road. Follow for 5½ miles to the staging area on the right.

Drive Time: 1 hour 15 min - Parking: Free - Dogs Allowed

December 10, 2016

UVAS CANYON COUNTY PARK

Level: 3.5 Challenging - Miles: 4.5 - Elevation gain: 1,600'

Host: Mark S.

Welcome to Uvas Canyon County Park. This lushly wooded park of 1,133 acres, is nestled in upper Uvas Canyon on the eastern side of the Santa Cruz Mountains. This mountain park offers hiking, camping and picnicking opportunities throughout most of the year. Enjoy your visit today and return often to experience the many features of Uvas Canyon County Park. We will be hiking up to the Knibbs Knob peak where we will have our meeting and snack with the fellowship overlooking vistas of the South Bay. We will meet in the first parking lot after the fee gate on your right.

Directions: From Highway 101 south, take Bernal Road west. Turn left on Santa Teresa Blvd. Travel south three miles and turn right onto Bailey Road. Follow Bailey Rd 2.3 miles to McKean Rd. Turn left onto McKean Rd which becomes Uvas Rd. From Bailey Rd travel 6 miles south on McKean/Uvas and turn right onto Croy Road. Continue 4.4 miles on Croy Road, through Sveadal, to reach the Park entrance. Sveadal is a private resort belonging to the Swedish American Patriotic League. Please respect their privacy and drive slowly as you pass through Sveadal.

Drive Time: 45 minutes - Parking: \$6.00 - Dogs Allowed on Leash