

Save the Dates

Winter Retreat: March 14th-16th, 2025 MORRO BAY

Spring Retreat: June 20th-June 22nd, 2025 PISMO BEACH

WILD RECOVERY HIKE SUGGESTIONS

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.

Weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out.

Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

Smoking, including the use of electronic vaping devices, is not permitted on any trails, or during the meeting.

Please refrain from smoking or vaping within the campsites on our retreats.

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring children or pets, please supervise them at all times, and be sure they have enough water.

Please adhere to all park regulations regarding dogs. If required, keep dogs on leash.

Cameras are encouraged but ask permission first if taking someone's picture.

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions and times start from San Jose.

GRATEFUL TO BE OF SERVICE

Co-Hike Secretaries: Anna J. (408) 806-7675 & Sonya M. (408) 455-6633

Treasurer: Phil W. (510) 504-1446 / Assist. Treasurer: Diane T. (831) 462-0262

GSR: Todd G. (408) 529-8142 / Alternate GSR: OPEN POSITION

Business Chair: Troy H. (925) 270-5879

Business Recording Secretary: Johanna J. (831) 332-3533

Website: Max B. (310) 4357881 / Assistant Web: Melissa D. (669) 888-4437

Flyer: Nancy S. (831) 419-5318

Comm. Coordinator: John R. (831) 462-0262

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

Please note miles & elevation when considering a hike.

www.wildrecovery.org has pictures, maps, much more information, and any needed updates and corrections to our printed schedule.

Check the website before you head out to a hike.

Donations can be made, and retreat fees can be paid using Venmo,
@WildRecoveryTreasurer



Wild Recovery

Feb. 2025- April 2025

Every other Saturday at 10AM www.wildrecovery.org

February 15th, 2025- Host Max B.

LANDS END

Level 2: Moderate-Miles:3.5- Elevation 538'

Did you leave your heart in San Francisco? Come find it the day after Valentine's Day on this beautiful hike in Lands End. Tucked away in the northwest corner of the city, this park feels like a different world, with lush cypress and eucalyptus forests, rugged cliffs, and stunning views of the Golden Gate Bridge. The hike also includes the ruins of the Sutro baths and the USS San Francisco memorial.

Directions: From San Jose, take 280 North. Take Exit 47 onto CA-1 South toward Pacifica. Take Exit 508B for CA-35 Skyline Blvd North. Exit to Sunset Blvd Northbound. Take a slight right onto 36th Ave, then turn left onto Lincoln Way. Turn right onto Chain of Lakes Dr through Golden Gate Park, continuing onto 43rd Ave. Turn left onto Point Lobos Ave. Park at the visitor center (680 Point Lobos Ave, San Francisco, CA 94121). Alternate parking at El Camino del Mar Parking Lot (2300 El Camino Del Mar, San Francisco, CA 94121). **Drive Time from San Jose:1hr 5min. Parking: Free - Dogs allowed on leash**

March 1st, 2025-Host Anna J.

COYOTE CREEK TRAIL

Level 2: Moderate - Miles: 8 - Elevation: 133'

The creek environment is comprised primarily of oak savanna with riparian woodland species. The central feature of the park is a paved, 16-mile multi use trail that stretches from Hellyer County Park to Anderson County Park. There are many access points along the trail. We will be meeting at the main entrance at the Coyote Creek Visitor Center at Anderson Lake. We will hike about 4 miles to a covered bridge then head back to the Eucalyptus Rest Area (Picnic Site) to have our meeting.

Directions: Take 101 S and exit at Cochrane in Morgan Hill. Head East then turn left on Peet Rd. Take the Right at Morning Star Dr. The park entrance will be on the left at the end of the road where it meets Malaguerra Ave. **Drive time from San Jose: 30 min. The parking is free and plentiful. Dogs allowed on a leash.** We will be meeting afterwards, for a business meeting, at a restaurant nearby.

March 14th-16th, 2025- Winter Retreat- Host: Sonya M.

MORRO BAY STATE PARK

Morro Bay State Park is located 13 miles west of San Luis Obispo, on the Central Coast. The park features lagoon and natural bay habitats. On the lagoon's northeastern and eastern edges, there are saltwater and brackish marshes that support thriving bird populations.

Friday hike – Cero Cabrillo peak 3.2 miles 843ft. Level: 2 (Moderate)

Saturday – Morro Bay Sand Spit Trail Out and back trail – beach walk. 9.5 miles, 353ft. Level: 1-2 (Easy-Moderate)

Sunday –Just For Today meeting 9am, pack up and leave campsite by 12pm noon.

\$25 cost – 25 people and 6 vehicles only. Carpooling is a must.

Directions: From San Jose US-101 S toward Los Angeles for 166 mi. Take exit 219 for Morro Rd/CA-41, go 0.2 mi. Turn right onto CA-41 S/Morro Rd for 15.8 mi. Turn left onto Main St, Pass by Taco Bell (on the left). 2.6 mi to the park on the left.

Drive time from San Jose: 3 hours. Dogs allowed in campsite, but NOT on trails.

March 29th, 2025-Host: Phil W.

CROCKETT HILLS REGIONAL PARK

Level: 3.5 Challenging- Miles: 7.6-Elevation1295

Located outside of the town of Crockett, the 2,124 acres of Crockett Hills Regional Park were likely hunting and gathering grounds for the Huchiun and Carquin Ohlone tribes, later were nineteenth century ranchlands, and more recently were part of the industrial history of the region. The original ranch barn, milk-house, and corrals can still be seen in the Crockett Ranch staging and picnic area. The park offers views of San Pablo Bay, the Delta, Mount Tamalpais, and Mount Diablo.

Directions: From San Jose, take I-280 S to I-680 N towards Walnut Creek/Concord. Take Hwy 4 west towards Martinez/Hercules. In 7.6 miles take Exit 5 toward I-80 E/Crockett/Vallejo onto Cummings Skyway towards Carquinez Shoreline/Crockett Hills. In 2 miles turn right onto Crockett Blvd. In 1.7 miles turn left into Crockett Hills Regional Park. Crockett Ranch Staging Area parking is at the end of the drive. Address is 1300 Crockett Blvd, Crockett, CA 94525

<https://maps.app.goo.gl/DLzWqivgeqTsNexd6>

Drive Time from San Jose:1hr 5min Parking: Free - Dogs allowed on a leash

April 12, 2025-Hosts: Troy and Amy H.

MOUNT DIABLO STATE PARK – FALLS TRAIL

Level: 4 Hard - Miles: 7.9 - Elevation: 1,855'

The waterfalls on Mt. Diablo take a little work to get to, but it's worth the effort. They should be flowing good from winter rains and hopefully the wildflowers will be blooming nicely as well. The varying terrain from oak woodland, riparian creek channels to rocky chaparral make for diverse flowering plants throughout the hike. We'll start off the hike through Donner Canyon, bypassing the main road on a little longer but less steep more scenic route up to the Falls Trail. Our meeting spot will be a rock outcrop above one of the falls. After the meeting we still have some climbing to do. Ascending the Middle Trail up to Prospectors Gap Road and to the highest point of the hike at Murchio Gap. From here it's a descent on Back Creek Trail down to the cars.

Directions: Take 680 North to the Ygnacio Valley Road exit in Walnut Creek. Turn right on Ygnacio Valley Road and follow it approximately 7.5 miles. Turn right on Clayton Road, go 1.4 miles and turn right on Marsh Creek Road. In ½ mile turn right on Mountaire Parkway (Dana Hills neighborhood) Follow the road 1 mile up to the end where we will meet.

Note: No restrooms at the trailhead. There is a public restroom at a park on Marsh Creek Rd. and Main Street in Clayton.

Drive Time from San Jose: 1 hour 15 min – Parking: Free – Dogs Not Allowed

April 26th, 2025-Host: Johanna J.

CALERO COUNTY PARK

Level: 3 Challenging - Miles: 9.9 - Elevation: 1,755'

Calero County Park is one of Santa Clara County's most diverse regional parks and recreation areas. Once part of the Pueblo lands of San José and Rancho San Vicente land grant, this approximate 4,471-acre park is nestled in the eastern foothills of the Santa Cruz Mountains. This back country is rich with California Oak woodland, chaparral, riparian plant communities, and associated wildlife habitats. The Figueroa and Cottle Loop Trail is a loop hike that explores the wonders of Calero Reservoir County Park.

Directions: We will be parking at the main entrance of Calero County Park at 23205 McKean Road, Morgan Hill, CA 95037 and hiking the Figueroa and Cottle Loop Trail. From San Jose take CA-85 S to US-101 S. In 3 miles use the 2nd from right lane to take exit 373 toward Bailey Ave. Turn right onto Bailey Ave and keep left to stay on Bailey Ave. In 3 miles turn left onto McKean Rd. In 0.7 miles turn right into the main park entrance at 23205 McKean Road.

Drive Time from San Jose: 24 min – Parking: Free – Dogs allowed on Leash